

SUNDAY

9:30AM	Surrender To Live (O, WC &) C. Waldo Scott Center, 3100 Wickham Avenue, Newport News, VA (<i>Dee W. 757-503-0739 - Tony H. 757-696-6654</i>)
NOON	Faith (O, WC &) Riverside Behavioral Health Center, 2244 Executive Drive, Hampton, VA (<i>Malcolm 757-593-6581 Henry 757-532-8814</i>)
2:00PM	Living Clean (O) 7603 Hospital Drive, Gloucester, VA (<i>Sam B. 804-296-8592 Dan G. 804-815-7699</i>)
3:00PM	Write to Recover (C, NC, WR) Mary Immaculate Hospital, Community Education, Health and Resource Center, 2 Bernardine Drive, Newport News, VA (<i>Craig W. 845-642-5043</i>)
7:00PM	A Gift Called Life (O, WC &) Warwick United Church of Christ, 10 Matoaka Lane, Newport News, VA (<i>Johnnie 757-869-4890 Nadine 757-751-4680</i>)
7:30PM	Recovery Group (O, WC &) Riverside Behavioral Health Center, 2244 Executive Drive, Hampton, VA (<i>William S. 757-236-6170 Dave R. 757-218-2595</i>)
8:00PM	Nature Of Recovery (O, WC &) 5477 Mooretown Road, Williamsburg, VA (<i>Ron L. 757-880-3826 Terry W. 757-719-6392</i>)

MONDAY

9:30AM	Trust The Process (O, WC &) Restoration & Faith Ministry, 2114 Wickham Avenue, Newport News, VA (<i>Qadeer 757-344-1284 Lilly 757-236-8921</i>)
NOON	A Meeting at Lunch (O, VAR, WC &) First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue, Hampton, VA (<i>Deborah R. 757-238-0330 Eugene 757-243-6845</i>)
NOON	High Noon (O, WC &) Recovery Baptist Church, 303 Blair Avenue, Newport News, VA (<i>Teresa F. 757-269-1707 Mildred D. 757-236-9021</i>)
3:00PM	Change I Must Or Die I Will (O, WC &) Nickerson Plaza, Next to ACE Hardware, 2096 Nickerson Blvd, Hampton, VA (<i>Kathy A. 757-897-7699 Jimmy W. 757-257-0843 Lawrence W. 718-594-2998</i>)
7:00PM	Honesty Group (O, BT, SPK, STEP, WC &) Ivy Memorial Baptist Church, 2200 Coliseum Dr., Hampton, VA (<i>Yvonne W. 757-256-7858 Ernest 908-494-2383</i>)
7:00PM	New Attitude (O, WC &) 3509 Chestnut Avenue, Newport News, VA (<i>Vet 747-849-8808 Rose F. 757-593-0104</i>)

MONDAY (CONT)

7:00PM	Women in Recovery (O) St. Martin's Church, 3279 Lake Powell Rd, Williamsburg, VA (<i>Erin 571-224-6615</i>)
7:30PM	In Step (O) Grafton Baptist Church, @ Dare Road, 5540 George Washington Memorial Hwy, Yorktown, VA (<i>Brendan R. 757-802-5695</i>)
7:30PM	The Out of Ordinary Meeting (O, IW, WC &, LIT) White Marsh Baptist Church, 5123 George Washington Memorial Highway, Gloucester, VA (<i>Dan G. 804-815-7699 Sam B. 804-296-8592</i>)
8:30PM	Who is an Addict? (O) 3279 Lake Powell Road, Williamsburg, VA (<i>Lindsey V. 757-291-2530</i>)

TUESDAY

9:30AM	Trust The Process (O, WC &) Restoration & Faith Ministry, 2114 Wickham Avenue, Newport News, VA (<i>Qadeer 757-344-1284 Lilly 757-236-8921</i>)
NOON	A Meeting at Lunch (O) First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue, Hampton, VA (<i>Deborah 757-238-0330 Eugene 757-243-6845</i>)
NOON	High Noon (O, WC &) Recovery Baptist Church, 303 Blair Avenue, Newport News, VA (<i>Teresa F. 757-269-1707 Mildred D. 757-236-9021</i>)
5:30PM	Serenity Group (O, WC &) Riverside Behavioral Health Center, 2244 Executive Drive, Hampton, VA (<i>Beverly A. 757-753-6868 Jeanette 757-594-3414</i>)
7:00PM	A Proven Program (O) Wesley Foundation (across from W&M soccer field), 526 Jamestown Road, Williamsburg, VA (<i>Dave H. 757-207-1154 John P. 757-235-9300</i>)
7:00PM	We Can Change (O) First Church of Newport News, 2300 Wickham Avenue, Newport News, VA (<i>Harvey 757-926-9138 Plummer 757-696-3416 Albert W. 757-597-8697</i>)
7:30PM	New Genesis Group (O) Wesley United Methodist Church, 2510 N. Armistead Avenue, Hampton, VA (<i>Gayle B. 757-597-1531 Cameron 757-561-3343</i>)
7:30PM	Young, Clean & Living (O) Agape Foundations, Inc., 3217 Commander Shepherd Blvd., Hampton, VA (<i>Chris L. 757-592-2170</i>)
8:00PM	A New Way of Life (O, JFT) 7603 Hospital Drive, Gloucester, VA (<i>Dan G. 804-815-7699 Sam B. 804-296-8592</i>)
8:15PM	Let's Recover Together (O, WC &) Hampton Christian Church, 151 East Mercury Boulevard, Hampton, VA (<i>Tim E. 757-725-4636 Chris G. 760-984-4914</i>)

WEDNESDAY

9:30AM	Trust The Process (O, WC &) Restoration & Faith Ministry, 2114 Wickham Avenue, Newport News, VA (<i>Qadeer 757-344-1284 Lilly 757-236-8921</i>)
NOON	A Meeting at Lunch (O) First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue, Hampton, VA (<i>Eugene 757-243-6845</i>)
NOON	High Noon (O, WC &) Recovery Baptist Church, 303 Blair Avenue, Newport News, VA (<i>Teresa F. 757-269-1707 Mildred D. 757-236-9021</i>)
NOON	Recovery At Noon (O) 3279 Lake Powell Rd, Williamsburg, VA (<i>Erin T. 571-224-6615</i>)
7:00PM	End Of The Road (O, WC &) 1707 Jefferson Avenue, Newport News, VA (<i>Glen N. 757-268-9318 Sherri W. 757-768-1392</i>)
7:00PM	Hope (O) Warwick Conference Center, Building #6, 12420 Warwick Blvd, Newport News, VA (<i>Will D. 757-768-7954 David B. 757-342-2510</i>)
7:00PM	Hugs Not Drugs (O, DISC) Community Presbyterian, Fox Hill & Woodland Roads, 400 Fox Hill Road, Hampton, VA (<i>Sarah 757-727-3582 Jeff M. 912-414-3258</i>)
7:30PM	Living The Program (C, WC &) Warwick United Church of Christ, 10 Matoaka Lane, Newport News, VA (<i>Ray D. 757-303-4533 Veronica W. 757-589-5747</i>)
8:30PM	Who is an Addict? (O) 3279 Lake Powell Road, Williamsburg, VA (<i>Lindsey V. 757-291-2530 Greg M. 757-645-6381</i>)

THURSDAY

9:30AM	Trust The Process (O, WC &) Restoration & Faith Ministry, 2114 Wickham Avenue, Newport News, VA (<i>Qadeer 757-344-1284 Lilly 757-236-8921</i>)
NOON	A Meeting at Lunch (O) First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue, Hampton, VA (<i>Deborah 757-238-0330 Eugene 757-243-6845</i>)
NOON	High Noon (O, WC &) Recovery Baptist Church, 303 Blair Avenue, Newport News, VA (<i>Mildred D. 757-236-9021</i>)
5:30PM	The Warriors (O, WC &) Agape Foundations, Inc., Entrance and Parking in the Rear, 3217 Commander Shepard Blvd, Hampton, VA (<i>Renee D. 757-593-4323</i>)
7:00PM	Let's Get Spiritual (O, WC &) St. Paul AME Church, 2500 Chestnut Avenue, Newport News, VA (<i>Debbie 757-310-2914</i>)

THURSDAY (CONT)

7:00PM	We Do Recover (O, Pi, WC &, LIT) Reformation Lutheran Church, 13100 Warwick Blvd, Newport News, VA (<i>Eric P. 917-583-1884</i>)
7:30PM	12 + 12 = Change!! (O, WC &) Wesley Foundation (across from W&M soccer field), 526 Jamestown Road, Williamsburg, VA (<i>Mary H. 757-412-9599</i>)
7:30PM	Fresh Starts for Open Hearts (O) Poquoson Baptist Church, 283 Wythe Creek Road, Poquoson, VA (<i>Josh H. 757-817-5190</i>)
8:00PM	Living the Dream (BT) 7603 Hospital Drive, Gloucester, VA (<i>Dan G. 804-815-7699</i>)

FRIDAY

9:30AM	Trust The Process (O, WC &) Restoration & Faith Ministry, 2114 Wickham Avenue, Newport News, VA (<i>Qadeer 757-344-1284 Lilly 757-236-8921</i>)
NOON	A Meeting at Lunch (O) First Presbyterian Church (rear door leftside of church), 514 S. Armistead Avenue, Hampton, VA (<i>Deborah 757-238-0330 Eugene 757-243-6845</i>)
NOON	High Noon (O, WC &) Recovery Baptist Church, 303 Blair Avenue, Newport News, VA (<i>Teresa F. 757-269-1707 Mildred D. 757-236-9021</i>)
NOON	The Noon Meeting (BT) 3279 Lake Powell Road, Williamsburg, VA (<i>Dani R. 757-345-1414</i>)
6:00PM	How & Why (O, WC &) Riverside Behavioral Health Center, 2244 Executive Drive, Hampton, VA (<i>Tee J. 757-788-9475</i>)
6:30PM	Change We Must (O, WC &) Living Faith Christian Center, 14901 Warwick Blvd, Newport News, VA (<i>Danny A. 757-696-2318 Darlene A. 757-998-1177</i>)
7:00PM	Keep Coming Back (O, WC &) Newport News Community Center, 605 South Avenue, Newport News, VA (<i>Lorenzo 757-320-6224</i>)
7:30PM	Closer To Home (O, DISC, WC &) Riverside Walter Reed Hospital, 7515 Hospital Drive, Gloucester, VA (<i>Sam B. 804-296-8592</i>)
7:30PM	Good Orderly Direction (O, WC &) Warwick United Church of Christ, 10 Matoaka Lane, Newport News, VA (<i>Jeff H. 757-630-3806</i>)
7:30PM	Running On Faith (O) Carrollton Church of God, 16144 Carrollton Boulevard, Carrollton, VA (<i>Tim A. 757-434-7178 Ken H. 757-535-5151</i>)
8:00PM	Nothing to Fear (O, VAR, WC &) Williamsburg Sentara Hospital, Robert Graves Rm., 100 Sentara Circle, Williamsburg, VA (<i>Ryan D. 804-240-9100</i>)

SATURDAY

- 10:00AM Living Life On Life's Terms (O, WC &)** Wesley Foundation, 526 Jamestown Road, Williamsburg, VA (Thayne F. 757-603-2131 Brian G. 757-879-2344 Don S. 757-413-4600)
- 10:00AM No More Excuses (O, WC &)** Warwick United Church of Christ, 10 Matoaka Lane, Newport News, VA (Jamie R. 757-696-6960)
- NOON Women & Men In Recovery (O)** Trinity United Methodist Church, 29th & Huntington Ave, 228 29th St, Newport News, VA (Anna W. 757-545-7929 Earl L. 612-805-6425)
- 5:30PM Saturday Night Live (O, WC &)** First Baptist Church Jefferson Park (use 43rd St to get in), 615 42nd St., Newport News, VA
- 6:00PM Saturday Night Alternative (O, WC &)** First Presbyterian Church, 514 S. Armistead Avenue, Hampton, VA (Jimmy R. 757-335-0921 Hawk 757-289-7663)
- 7:30PM Never Alone (O, WC &)** Hillton Christian Church, 100 James River Drive, Newport News, VA (Butch L. 757-320-3221)

PASCNA SERVICE COMMITTEES

Peninsula Area Service Committee

First Saturday of each month @ 3:00 PM
Warwick United Church of Christ
10 Matoaka Lane, Newport News

Activities Subcommittee

First Saturday of each month @ 2:00 PM
Warwick United Church of Christ
10 Matoaka Lane, Newport News
Sarah 757-727-3582

Hospitals & Institutions (H&I) Subcommittee

First Sunday after Area @ 2:00 PM
Riverside Behavioral Center
2244 Executive Drive, Hampton
Ernest J. 908-494-2383

Literature Subcommittee

First Saturday of each month @ 2:00 PM
Warwick United Church of Christ
10 Matoaka Lane, Newport News
Rodney 757-503-5281

Area Inventory Subcommittee

Sunday following Area @ 1:00 PM
Riverside Behavioral Center
2244 Executive Drive, Hampton
Norman T. 757-593-4794

Public Relations Subcommittee

First Saturday of each month @ 1:30 PM
Warwick United Church of Christ
10 Matoaka Lane, Newport News
Ray D. 757-303-4533

Serenity Prayer

*God, grant us the serenity to accept the things we cannot change;
the courage to change the things we can;
and the wisdom to know the difference.*

JUST FOR TODAY

Tell yourself:

Just for today:

My thoughts will be on my recovery, living and enjoying life without the use of drugs.

Just for today:

I will have faith in someone in NA who believes in me and wants to help me in my recovery.

Just for today:

I will have a program. I will try to follow it to the best of my ability.

Just for today:

Through NA, I will try to get a better perspective on my life.

Just for today:

I will be unafraid. My thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way, I have nothing to fear.

PHONE NUMBERS



NARCOTICS ANONYMOUS PENINSULA AREA MEETING LIST

JUL - AUG - SEP 2019

(Printed August 20, 2019)

P.O. Box 16009
Newport News, VA 23608
www.peninsulaareana.org

Central Atlantic Regional Helpline

1-800-777-1515

www.car-na.org

Tidewater Area Helpline

1-866-972-5055

tidewaterareana.org

NA World Services Office

www.na.org

**Our Gratitude Speaks,
When We Care and When We Share
With Others the NA Way**

Meeting Format Key

BT	Basic Text	C	Closed
DISC	Discussion	IW	It Works Study
JFT	Just for Today Study	LIT	Literature Study
NC	No Children	O	Open
Pi	Pitch	SPK	Speaker
STEP	Step	VAR	Format Varies
WC &	Wheelchair	WR	Writing Meeting