

PASCNA MINUTES

January 4, 2014

Meeting Opened: Tim B. @ 4:00 pm
Serenity Prayer: All
Reading of the 12 Traditions: Audra N. (Surrender to Live)
Reading of the 12 Concepts: Sheena R. (Chair, Activities Sub-committee)
Roll Call to Establish Quorum: 16 in attendance (quorum established) 21 total present after roll call
General Information: Tim B.
Cell phones turned off/vibrate; turn in donations to Treasurer (please do not give more than \$1 change to Treasurer); and home group reports to Secretary (GSR's and Chairpersons, please try to write as clearly as possible and remember to put reports on full size sheet of paper with your signature); please respect the meeting by not texting during business meeting; please clean up after yourself. Please update the meeting list and GSR mailing roster and return back up front.

Welcome New GSRs:

Review and Approval of December 7, 2013 Minutes:

"The December 7, 2013 Minutes was reviewed. Corrections: In the Activities Committee report, in the note area, the word "reimbursement" is removed to not cause confusion. Literature report had incorrect information as to Literature on Hand information and will be corrected at next Area meeting. There was question if sub-committee reports are being typed as written. Secretary provided reports to be review to ensure that written reports are being typed in minutes as written. It was noted that if needed, notes are added if there is a discussion other than what is written on paper. After corrections noted, there was a motion by Tom (Good Orderly Direction) and seconded by Kat (To the Point) for the approval of December 7th minutes."

MINUTES APPROVED: 16 Approve 0 Oppose 0 Abstain

ASC Treasurer's Report: Priscilla read report.

"Priscilla read report 12/7/13 – 1/4/14. Several written reported were given to GSR's. Group Donation report, Service Financial Report, Check cleared copies made, Bank statement from Old Point National Bank. Group donation totaled \$1,034.29. Literature income is \$1,043.06. Miscellaneous income is \$205.76. Total deposit as of this date 12/7/13 is \$2,283.11. Total amount of checks cleared \$2,892.48. One check did not clear in the amount of \$6.39. Last month's bank statement \$5,462.09 with an ending balance of \$4,710.34. Balance in checking account is \$4,703.95. Long term commitments are cost of meeting lists and post office rental payment. Please refer to written report for other detailed information. In Loving Service, Priscilla L."

NOTE: based on financial report, literature shows to be over budget, so next Area meeting correct information will be given.

RCM's Report: Jimmy R. read report.

"Hello Family. We had our 165th Regional Service Conference on December 21st. There was 21 in attendance. There has been a n Ad-Hoc Committee formed to discuss the Phone Line, We want to get good services for the money we're spending. To see the Treasurer Report, please go the website, www.CAR-NA.org. Our RD Teams are preparing for the Auto Zonal Forum for later this month. Our H&I and Public Relations will be having their sub-committee ia conference call on January 11th. Please go to the website for more information. Our Regional Convention is being held January 17-19 in Hagerstown, MD. Please

support our Region. Our Conference Agenda Report (CAR) is coming up on April 27th thru May 3 2014. Again, please go on the website for more information. In Loving Services, Jimmy R."

NOTES: Discussion after read report: Our next Autonomy Zonal Forum will be hosted by the Central Atlantic Region on January 25th, 2014 at the Robert W. Johnson Recreation Center located at 109 W. North Avenue, Hagerstown, MD, 21740. The weekend of January 17-19, 2014, the 32nd AVCNA Convention will be hosted by Almost Heaven and Shenandoah Valley areas, which will be held at the Clarion Hotel/Hager Hall and Event Center, 901 Dual Highway, Hagerstown, MD, 21740. Let's go out and support our region. Also the weekend of March 7-9,, 2014, TACNA will be hosing its 13th convention at the Norfolk Waterside Marriott Hotel at 235 East Main Street, Norfolk, VA, 23510. 4 Basic Text books were given to H&I from ECCNA17.

Activities Report: Sheena R. read report.

"Hey Family. Activities met today at 2:13 pm. We had seven members in attendance. The Holiday Dinner and Dance was a success. We spent a total of \$938.36 for the event with \$50 owed to the facility which is included in this total. We took 15 minutes for open forum to discuss our feelings about the event and what we can do better to serve the fellowship as a whole. I am returning \$600.00 for monies collected at the event. Our next event is "The Coffee House & Open Mic Night" on 1/25/14 from p pm until midnight, located at "The Circuit", 63 Hidenwood Shopping Center in Newport News, VA. We have appointed our Vice Chair to facilitate our finances. We put down \$100 deposit for the upcoming event. We are requesting \$350.00 for February event at the Bowling Alley at 4519 East Pembroke Avenue, Hampton, VA. We will meet again about the details for the upcoming event on 1/12/14 at 1 pm at the I-Hop located on Jefferson Avenue. In Loving Service, Sheena R."

H&I Report: Glen N. read report.

"Hi Family. H & I met on December 8th. We had quorum. We have \$70.47 Literature on hand and a literature order of \$109.70. The Workshop went well. I will turn in receipts. My term is up. The H & I Sub-committee has nominated Frank M. for Chairperson. In Loving Service, Glenn N."

Policy Report: Deborah read report.

"Minutes for 12/07/14. Meeting opened with Serenity Prayer. 12 Traditions read by Tommy M. and 12 Concepts read by Sheena R. 3 voting members and one non-voting member present. Minutes were approved. Old Business: 1. Audit, Annual Budget Review. New Business: 1. Annual Budget Review to be held on 1/11/14 at 11: am in the Powell Room at RBH. 2. 2013-12-10 is tabled for clarity. However, it is noted that the Chair is to go with the Treasurer to make deposits as listed in the Chair's duties. Policy Cub-committee is not sure of who have the keys at this time. 3. 2013-12-9 Policy Maker – Policy Sub-committee. MOTION: To add to the financial guidelines, Section 4,A, 1a the following: Activities may be held to raise funds for the Peninsula Area Convention {and the East Coast Convention of Narcotics Anonymous} ** added in brackets ** INTENT: this motion will allow PASCNA to raise funds to donate to the East Coast Convention of Narcotics Anonymous Host Committee to support the ECCNA. This is keeping with the 11th Concept "to further the goals of NA as a whole." 4. Policy Chair will inform ASC that Policy is unable to conduct the Audit due to no one on the committee have any experience on conducting an Audit. In Loving Service, Deborah R."

Public Relations Report: Paula gave verbal report on behalf of Chair Lawrence.

"Due to Chair being ill and was not able to have a meeting of the Public Relations Sub-committee, Paula M. gave a verbal report of recent events. The updated meeting list is not yet ready to be printed due to holiday schedule of the printer company. The meeting list will be ready to be printed this coming Tuesday. The cost is a little higher than usual due to using a new company to compile a meeting list from scratch. Cost includes a new template and size of meeting list sheet is larger than the previous list due to increase of new meetings and not all meetings can fit on the original sheet size. Paula did mention that this new meeting list looks so much better, with it being a larger size and print as well as a cleaner presentation of view. The subcommittee feels truly excited about the new meeting list and hope that all will approve. Cost of meeting list is as follows: \$80.00 for initial template creation and \$353.46 for copies made for an 11x17 folded to 11x8.5 a trifold to

3.65x8.5, BW on 20 lb. white stock, 11x17 white 20 high bright bond, and laser print on 2 sides. Cost was reduced for charges included folding of meeting list. This saved approximately \$80.00. Total cost also included tax of \$26.01 (we were not able to provide a tax id) which came to total of \$459.47. The subcommittee is looking into possible lower costs of having meeting list printed every three months. Note: Point of Info: Proper protocol was not done and it is considered that it is an absence without notification to Area Chair or Vice Chair. In Loving Service, Paula M.”

Break suggested and Area meeting reconvened with the Serenity Prayer at 5:15 pm.

Literature Report: Keith gave verbal report. No written report submitted.

“Hi Family. The Literature on hand at the end of last area in December is \$1,330.98. Monies collected for literature sales is \$962.64. Back orders \$88.15. Chair is asking for reimbursement of \$25.97 for copies of current order form and new order form with new prices for GSR’s. In Loving Service, Keith B.”

Written report received: 1/18/2013: Hey Family, the Literature Sub-committee is doing well. Our Area elected Keith B. as Literature Chair. Our Literature order is \$979.11. Back orders are \$88.15. Literature on Hand as of December 2013 is \$1,330.98. We are asking for \$25.97 for copies of order forms. The order forms for the new prices are now available. Monies collected today for literature is \$1, 72.68. In Loving Service, Beverly A./Keith B.

Hi Family, the Literature Sub-committee is requesting an increase of the budget of \$50.00. The Literature at NAWS/WSO has increased to 5%, so we are asking for that increase as well. In Loving Service, Keith B.

ECCNA (East Coast Convention of Narcotics Anonymous): Cheryl S. read report.

“Area Liaison Report – December 2013. * - \$7,300 has been raised by the EXXNA Host Committee so far. * - The pre-registration is still open until January 31st. If you pay a \$50 deposit you will receive a commemorative t-shirt after full payment is paid. * - There will be a marathon meeting during the annual convention. A sign-up sheet will be going around soon for home groups to sign up to chair during the marathon. * - Beach Area is hosting a fundraiser event on Feb. 8th at 5 pm. (flyers on table for GSR’s to pick up). They are having a lasagna dinner with two speakers. For tickets see AJ or Jimmy. * - The committee is still encouraging all areas to hold at least one fundraiser to support the convention. This does not need to be a policy change as it is just a one-time event. In Loving Service, Cheryl S.”

NOTES: Discussion after report was read. Approximate total cost of convention may be \$185-\$200. Total cost of convention will be determined as soon as possible. It was also mentioned that other states are also contributing to ECCNA 18. New Jersey has contributed \$2000.00. The Spiritual Breakfast raised \$350 in ticket sales and there will be a booth set up for t-shirts and registration at the AVCNA Convention. It was also suggested that any events held in this area to please allow having a table set up to sell t-shirts and accepting registration for ECCNA18. At a recent dance, \$150 of t-shirts was sold.

Old Business

Open Positions

- **ASC Chair** **Tim B. volunteered to continue as ASC Chair. (info to be taken to home groups)**
- **Alternate RCM** no volunteers &/or nominations, position remains open (Regional Committee Member)
- **Vice Treasurer** no volunteers &/or nominations, position remains open
- **VRCC** no volunteers &/or nominations, position remains open (Virginia Regional Convention Committee)
- **VRCC Alternate** no volunteers &/or nominations, position remains open
- **H & I Chair** **H & I Committee and Hawk (Saturday Night Alternative) nominated Frank M. (info to be taken to home groups)**

**** **NOTE to all Home groups**, there is a great importance to receive full support for the remainder open positions. Please announce at group conscience as well during announcement time of home group meetings the open positions. Qualifications for each position are listed in the Policy Manual and on our Area website www.peninsulaareana.org. ****

Those interested in these positions must be present at Area meeting.

MOTIONS

2013-12-1 AND 2 MAKER: PUBLIC RELATIONS SUBCOMMITTEE **SECONDED: NONE NEEDED**

(Note: two of the same motions turned in error.)

Motion: Public Relations Sub-committee is requesting a budget increase of \$25.00.

Intent: To have the money available to effectively carry the NA message. To print flyers, posters, etc.

Discussion: After some discussion, it is decided for this motion to be tabled for next month. This is for the home groups to vote on.

PROS: 1. Allow the Public Relations Sub-committee to be responsive to what transpires in Area Service to jails, educational institutions and hospitals to carry out services of NA.

CONS: None given

MOTION PASSED – 17 Approve 0 Oppose 0 Abstain

2013-12-7 **MAKER: ACTIVITIES SUB-COMMITTEE **SECONDED: NONE NEEDED****

Motion: Activities is requesting a budget increase of \$200.00. We want to be able to host different events at different locations and would like to have the monies available now instead of have to go back to Area.

Intent: 1. To be able to facilitate events more consistently. 2. To be able to carry the message to the still suffering addict. 3. To keep newcomers and old timers excited about recovery.

Discussion: After some discussion, it is decided for this motion to be tabled for next month. This is for the home groups to vote on.

PROS: None given

CONS: Protect Area Activities from spending too much money at one time

MOTION FAILED – 8 Approve 7 Oppose 5 Abstain

Note: There is more than 20% in abstain vote, therefore an option was given to either have this motion stay open for the next Area meeting for discussion or Maker can withdraw motion. Maker, Sheena R. (Chair of Activities Sub-committee) has withdrawn this motion.

2013-12-8 **MAKER: POLICY SUB-COMMITTEE **SECONDED: NONE NEEDED****

Motion: To add to ASC Policy (Section 2D4). The ASC Chair can change the order of the sub-committee reports.

Intent: 1. To proceed with Area Business if the sub-committee is not ready to give their reports.

Discussion:

PROS: Facilitates taking care of business in a timely manner.

CONS: None given

MOTION PASSED – 17 Approve 0 Oppose 2 Abstain

New Business

MOTIONS

2014-01-1 **MAKER: ALEETA D. (IN STEP) **SECONDED: DAVE M. (NEVER ALONE)****

Motion: Add to Section 5B2B, the Area Chair will lock the bag and carry only the Bag key. Add to 5d2E, the Area Treasurer will carry the Lock Box key only.

Intent: Accountability of the keys to lock bag and lock box.

Discussion: This is for Area Chair and Treasurer – not one person should hold both keys at one time. At this time, there is no Vice Treasurer so responsibility lies on Area Chair and in absence of Area Chair, the Area Vice Chair will take on responsibility.

PROS: 1. To maintain accountability.

CONS: None given

MOTION TO BE VOTED ON AT HOME GROUPS

2014-01-2 MAKER: ACTIVITIES SUB-COMMITTEE SECONDED: NONE NEEDED

Motion: Requesting \$350.00 for event in February activities.

Intent: Provide an opportunity for unity, fun and fellowship in our Area.

Discussion: Activities is letting everyone know that they are asking for this amount to put on an activity for the month of February. This is put in Motion form. Each month can be a request given within the \$600 budget.

PROS: None given.

CONS: None given.

MOTION PASSED - 20 Approve 0 Oppose 0 Abstain

2014-01-3 MAKER: POLICY SUB-COMMITTEE SECONDED: NONE NEEDED

Motion: To add to the Financial Guidelines Sec. 4A, 1am the following: Activities may be held to raise funds for the Peninsula Area Convention (and the East Coast Convention of Narcotics Anonymous) **(addition in parenthesis)**.

Intent: This motion will allow PASCNA to raise funds to be donated to the East Coast Convention of Narcotics Anonymous Host Committee to support the ECCNA. This is in keeping with the 11th Concept “to further the goals of NA as a whole”

Discussion: Currently both keys are in possession of one person, question is why.

PROS: 1. Statement to promote ECCNA as a whole for all ECCNA conventions in future. 2. NA is fully self-supporting and support ECCNA not only this year support every year. 3. Address this at Regional Area Convention (AVCNA)

CONS: None given

MOTION is TO BE VOTED ON AT HOME GROUPS

Note from PASCNA Secretary: If there are any discrepancies on address or email address, please contact the Area Secretary to have information updated/corrected. Also know that all Area minutes are located on website for review. The website is www.peninsulaareana.org.

HOME GROUP GSR'S, Please try to write as clearly as possible and remember to put reports on full size sheet of paper with your signature.

Home Group Reports:

A Gift Called Life: *“Our group continues to carry the message every Sunday. Anita S. is the new contact. Nadine K. will be celebrating 25 years on 1/29. Thank you for allowing me to serve. In Loving Service, Anita S.”*

Faith: *“Faith is continuing to carry the message to that addict who is still struggling. We purchased 2 “Just for Today Meditation books and donated \$42.00 to Area. Our meeting continues to start on time at 12 pm Sundays. Raymont will be celebrating 3 years on 1/26. New meeting starting up on 1/17 in Williamsburg, VA called Upper Room Solutions at Spirit Works, 5800 Mooretown Road. Contacts are Chris B. 757-561-8921, Jane B. 757-871-5279, and Henry H. 757-532-8814. This meeting will be an hour. Please come out and support. In loving Service, Henry H.”*

In Step: *“Happy New Year family. Hope you all enjoyed the holidays. Our literature order this month was \$124.05 and we donated \$24.14 to Area. We have two home group members celebrating this month. 1/6, Ed C. celebrates 6 years and 1/13, Rod B. also celebrated 6 years. In Loving Service, Aleeta D.”*

End of the Road: *“Hi Family, End of the Road is still carrying the message to addicts who still suffer and is doing well. We have home group member Linwood celebrating 14 years on 1/15. We have no money to give to Area this month. I am no longer gonna be GSR for this home group. We have no literature order this month. In Loving Service, Michelle E.”*

Change We Must: "Change We Must meets 6:30 pm on Fridays at Living Faith Church. We need support. All are welcome. Literature order is \$23.44 and Area donation is \$9.56. In Loving Service, Ray D."

Out of Ordinary Group: "The group continues to meet in Gloucester Monday nights at 7:30 pm. In December we had members celebrate anniversaries on back to back weeks. Brooke celebrated 9 years on 12/16 and her husband Billy celebrated 7 years on 12/23. Attendance has been good, but we'd always be happy to see new faces. The Tuesday and Wednesday meetings "A New Way of Life" and "Free Will" meeting were unable to hold meetings on the 12/24 and 12/25 or on 12/31 and 1/1 because the facilities were closed but things will return to normal now that the holidays are over. In Loving Service, Dan G."

Honesty: "Honesty home group continues to carry the message of recovery to addicts that attend. Area donation is \$40.00 and literature order is \$66.34. No celebrations. In Loving service, Roderick J."

Saturday Night Alternative: "Happy New Year Family. Saturday Night Alternative continues to do well and continues to carry the recovery message. We have three celebrations in the month of January, Lewie, 1 year, ¼, Billy, 20 years, 1/11, and Kevin G., 1 year, 1/18. We have a literature order of \$26.64 and an Area donation of \$23.40. In Loving Service, Hawk"

Trust the Process: "We are still holding meetings 5 days a week. We welcome newcomers, old timers, and all in between. Our literature order was \$149.59 and we had no donation for Area this month. We have one celebration, AJ, 1/8 1 year. In Loving Service, Clarice B."

A Meeting at Lunch: "Addict called Bonita. A Meeting at Lunch continues to meet M-F at Noon. Our membership and attendance continues to increase. We have a literature order in the amount of \$57.15 and an Area donation of \$39.55. In humble Service, Bonita."

Living Life on Life's Terms: "Good Afternoon Family. I'm an addict named Lisa and the new GSR for Living Live on Life's Terms. We continue to carry the Narcotics Anonymous message of HOPE. We have \$49.00 Area donation and no literature order this month. In Loving Service, Lisa S."

Good Orderly Direction: "Greetings from Good orderly Direction. We continue to carry the message of hope to all addicts seeking recovery. Our attendance remains strong and our home group maintains an atmosphere of recovery at our meetings. Our literature supply is good and our Area donation is \$17.00. This month Mark N. is celebrating 17 years of recovery on 1/10. Thanks to all for your continued support. In Loving Service, Darian."

Surrender to Live: "Surrender to Live home group is continuing to carry the message of recovery. Attendance is doing well and our home group members continue to grow. During the month of January, we have 3 celebrations, Theresa, 11 year, 1/5, Vincent 2 year, 1/12 and Allen, 2 years, 1/19. Surrender to Live donation to Area is \$70.00. In Loving Service, Audra N."

High Noon: "High Noon is grateful to continue to carry the message of recovery. Attendance is strong. Our literature order is \$37.06 and no donation to Area. In Loving Service, Jawaad D."

Never Alone: "Greetings Family. Our December Eating Meeting was a great success and weekly attendance continues to be averaging 80-90 addicts. We have a literature order of \$3.10 and an Area donation of \$20.00. In Loving service, Dave M."

To the Point: "Our group continues to carry the message of recovery to the addict who still suffers. We currently have two home group members and the meeting can use support. We average 6-8 addicts per meeting. We are able to donate \$30.00 to Area this month. In Loving service, Kat C."

Serenity Group: "Serenity Group is doing well. We are always welcoming new group members. Our literature order is \$16.00. Our donation to Area is \$13.70. Tiffany will acknowledge 18 month on 1/7 and Diane will celebrate 26 years, 2/2 at No More Excuses. We are in need of home group members. All are welcome. In Loving Service, Beverly A."

Nature of Recovery: "Greetings Family! We are still in Williamsburg. We still carry the message of recovery to the still suffering addict. We have no celebrations this month. Our literature order is \$72.39. Our Area donation is \$161.00. In Loving Service, Ron, L."

12+12=Change: "GSR present, no report submitted."

Hope: "GSR present, no report submitted."

New Genesis Group: "GSR present, no report submitted."

NEW MEETING: UPPER ROOM SOLUTIONS at Spirit Works, Fridays, 7:30 pm

Address: 5800 Mooretown Road, Williamsburg, VA. (Meeting is an hour). This is an Open Meeting.

Contacts are Chris B. 757-561-8921, Jane B. 757-871-5279, and Henry H. 757-532-8814.

Meeting closed with Serenity Prayer and Clean Up

PASCNA AGENDA

February 1, 2014

Open Meeting

Call to order

Meeting Opened:

Serenity Prayer All

Reading of the 12 Traditions:

Reading of the 12 Concepts:

Roll Call to Establish Quorum:

General Information: Tim B.

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Welcome New GSRs:

Review and Approve January 4, 2014 Minutes

ASC Reports

ASC Treasurer's Report

RCM Report

Subcommittee Chairperson's Reports

Activities

H&I

Policy

Public relations

ECCNA

Literature

Old Business

Open Positions

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- **Alternate RCM** no volunteers &/or nominations, position remains open (Regional Committee Member)
- **Vice Treasurer** no volunteers &/or nominations, position remains open
- **VRCC** no volunteers &/or nominations, position remains open (Virginia Regional Convention Committee)
- **VRCC Alternate** no volunteers &/or nominations, position remains open
- **H & I Chair** **H & I Committee and Hawk (Saturday Night Alternative) nominated Frank M. (To be voted today)**

MOTIONS

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SECONDED: DAVE M. (NEVER ALONE)

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PROS: 1. To maintain accountability.

CONS: None given

MOTION TO BE VOTED ON AT HOME GROUPS

2014-01-3 MAKER: POLICY SUB-COMMITTEE

SECONDED: NONE NEEDED

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CONS: None given

MOTION is TO BE VOTED ON AT HOME GROUPS

New Business

Home Group Reports/Announcements

Close Meeting with Serenity Prayer and Clean Up