

PASCNA MINUTES

March 1, 2014

- Meeting Opened:** Tim B. @ 4:00 pm
- Serenity Prayer:** All
- Reading of the 12 Traditions:** Deborah (Policy Sub-Committee)
- Reading of the 12 Concepts:** Lawrence (Public Relations Sub-Committee)
- Roll Call to Establish Quorum:** 12 in attendance (quorum established) 18 total present after roll call
- General Information:** Tim B.
Cell phones turned off/vibrate; turn in donations to Treasurer (please do not give more than \$1 change to Treasurer); and home group reports to Secretary (GSR's and Chairpersons, please try to write as clearly as possible and remember to put reports on full size sheet of paper with your signature); please respect the meeting by not texting during business meeting; please clean up after yourself. Please update the meeting list and GSR mailing roster and return back up front.
- Welcome New GSRs:** *Margy S. (Surrender to Live); Sammy T. (Fresh Starts for Open Hearts); Albert W. (Hearts of Hope II)*

Review and Approval of February 1, 2013 Minutes:

"The February 1, 2014 Minutes were reviewed.

Corrections:

*Open Positions not listed in minutes and under Old Business on Agenda: **Audra N.** was nominated as Chairperson for Policy Sub-Committee and **Lawrence** volunteered as Chairperson for Public Relations Sub-Committee.*

***Point of information** for Policy Handbook online will show the PASCNA Calendar of Elections/Nominations (p. 64).*

*Page 6 under New Business Motion 2014-02-4 – typo on the word: Intent: To **speed** up the voting process.*

*Page 5 under Old Business: Motion 2014-01-3 – **remove content of discussion for this motion**, it is in reference to Motion 2014-01-1. (Currently both keys are in possession of one person; question is why.)*

After corrections noted, there was a motion by Dan G. (The Out of Ordinary Meeting) and seconded by Hawk (Saturday Night Alternative) February 1st minutes be approved as amended.

MINUTES APPROVED: 13 Approve 0 Oppose 0 Abstain (13 voting GSR's)

RCM's Report: Jimmy R. read report.

"Hello Family. Our Region held its bi-monthly meeting on February 15, 2014. We had 13 RCM's in attendance. We bring sadness to you that our PR Chair Erin C. passed, but we must continue our primary purpose and that is to carry the message. Our GSR Assembly and our 167th Regional Meeting will be held in Fredericksburg, VA. The hotel for that weekend is the Fredericksburg Hospitality Center. If anyone is coming on that Friday, they can get a room at our rate of \$79.00 plus tax. Just let them know you are with CARNA. Our Regional Meeting will start at 10:00 am on Sunday morning, April 20, 2014 at 2801 Plank Road, Fredericksburg, VA, 22401. Phone number (540) 7986-8921. Our Treasurer report is on the website www.car-na.org, if anyone would love to see it. Our Area gave \$1,668.64 to our Region last month. The Regional Delegate Team is preparing for the Conference Agenda Report at the next GSR Assembly which is being held on Saturday, April 19, 2014 at Massaponax Baptist Church located at 5501 Massaponax Church Road, Fredericksburg, VA, 22407. The Assembly is scheduled to start at 11 am, lunch will provided by the Region at 12:30 and from 1:30 pm – 5:00 pm. The CAR/CAT voting will take place. The VRCC Report that the 43rd AVCNA had 672 registered members, a far cry from the 1,000 registered members average. They are in need for the Areas to send directors from Areas that has no representation. Positions open in March are Chair, Vice-Chair and Secretary. The 33rd AVCNA will be January 9-11, 2014 at the Holiday Inn, Main Street, Lynchburg, VA. They have filled all executive positions and most of the sub-committee chairs. Contracts have been signed and they are

asking all Areas to put on fundraisers to help them in making this convention a success. We have 17 Areas and only 7 Areas are making all the decisions on how our money gets spent for our annual convention. PLEASE SEND DIRECTORS! Our H&I Chair has shared that workshops/training day will run in conjunction with regional committee rotation schedule. H&I will offer training at the request of Areas, however, it is suggested to involve as many Areas in the quadrant to provide unity within the Fellowship. The CARNA H&I Chair will be working to consolidate all of the policies that were generated by the last chair for approval by the CARNA H&I Sub-committee. There will be a working copy submitted at the next CARNA Sub-committee meeting on March 15th. If any members want to help cultivate this effort, please attend sub-committee meetings. In closing, please inform your Area members of the opportunities to serve. Our next meeting will be held in Lady Smith, VA on March 15, 2014, 12 pm – 3 pm. The first hour will be a joint meeting of all sub-committees and the remaining time will be split amongst the sub-committees and training for Quadrant1. For specific place details see PR Chair and the CARNA website. To attend this meeting via conference call, Conference dial in number: (712) 432-1500, Participant Access Code: 114976#. In the passing of our PR Chair, our Vice-Chair is sitting in until the position is filled. One of the things that she has expressed to continue working on is the Summer Institute. This is something that we have traditionally been a part of for several years now and it is slated to be in Williamsburg, VA again July 14-15, 2014 at the Holiday Inn Patriot, 3032 Richmond Road, Williamsburg, VA 23185. Number is 757-565-2600. Our newly elected Speaker Jam Chairperson Rudolph C. will be having a Speaker Jam in the New Dominion Area on Saturday, March 22, 2014 at 2300 Dumbarton Road, Henroco, VA 23228 at Hatcher Memorial Baptist Church. Please come out and support. Also, the Shevana Area is also hosting March Madness. They will be having a Free NCAA Basketball Bracket Tournament. The winner will be bragging rights and will be giving a copy of "The Living Clean" book. They will be watching the Championship game on April 7th at Old Towne Clubhouse, 301 N. Loudoun St, Winchester, VA 22601. For more information, contact Norman C. (540) 931-5042. Again, please go on the website for more information. In Loving Services, Jimmy R."

NOTES: Our Conference Agenda Report (CAR) is coming up on April 27th thru May 3 2014. The CAR report is on the PASCNA website as well as on www.CAR-NA.org. This report can be ordered, cost is \$8.00 per copy. Also on line is the CAT report which is also needed to be provided for all Area home groups. Jimmy provided hard copies of the CAR 2014 Motions and Proposals Cheat Sheet, the CAR Workshops dates and locations, CARNA Regional Service Speaker Jam, GSR Assembly flyer, and Almost Heaven Area Convention XXVIII flyer were given to GSR's. Jimmy also presented a motion presented to the floor which is sent to the home groups for review and voting. Look for this under new business in minutes. Voting on this motion will be at the PASCNA April Area meeting.

ASC Treasurer's Report: Priscilla L. read report.

"Priscilla read report February 1, 2014. Copies of report submitted to GSR's. Group/Area Contribution Record For and the Area Financial Report. Time constraints did not allow other needed copies for the Area. Total Group Donations \$466.41. Literature income is \$951.85. Miscellaneous Income: \$28.66. Total deposit is 1,446.92. Actual shown on report is \$1,439.82. According to Chair, there is a difference of \$7.10 short on the deposit. Last month's bank balance \$5,614.25 plus deposit of \$1,439.82 totaling \$7,054.07 minus checks written \$2,041.07 showing total funds to be \$5,013.03 less check not cleared totaling \$1,711.96 giving us a new balance of \$3,301.04. Please note that the check written to World Service did not clear due to a discrepancy but was corrected and will be cleared by the month of April. It was also noted that check #2588 was voided. Please refer to written report for other detailed information. In Loving Service, Priscilla L."

Activities Report: Drew L. read report.

"Hello family! The Activities Sub-committee met today 3/1/14 at 2pm with 3 members in attendance. The former Activities Chairperson has stepped down as of today. Our last even was a success. We hosted an afternoon of bowling with over 45 NA members in attendance. We spent \$262.00 total for all expenses. We collected \$132.00 in donations at the event. We will not be holding a March event; however, we are currently planning an 80's Theme Dance/Karaoke party as an ECCNA fundraiser in April. We are requesting \$600.00 of our budget in order to hold this event. Our next meeting will be Friday, March 14th at 5:30 pm at the CNU Panera on Warwick Boulevard. We are in desperate need of support so that we may continue holding these activities to provide opportunities for unity, fun and fellowship. Please announce this need!!! In Loving Service, Drew L., Activities Vice-Chair, 757-419-9840."

NOTES: There were some questions as to the procedures of monies left over versus monies collected after any event. It was clarified that it is not written in Policy as to monies being returned after requested about from the sub-committee. According to Drew, monies were held over for the next scheduled event. He has all information on hand for anyone who wants to see

any detailed information on monies spent. It was also mentioned there was monies left over from the last event of \$80.56 to be used toward the next event. At the time of the last report in February there was a tentative event for March but it was cancelled. It was strongly stressed that if there are any questions/concerns on what is happening with the Activities Sub-committee to please attend their monthly meeting as well as any other meetings announced in their monthly report. A motion can be put together for Policy to review if needed on the handling of monies left over from an Area event. It was also reminded that monies collected from the recent event were turned into the Treasurer. **ATTENTION: All interested in participating with the Activities Sub-committee, there is a scheduled meeting for Friday, March 14th, at 5:30 pm as CNU Panera on Warwick Boulevard.**

H&I Report: Frank M. gave a verbal report.

“Due to a family emergency, Frank M. was only able to give a brief verbal report. Hi Family. Frank M. was under the impression that a wrong date was given to Area for the next H&I Workshop which was 3/2 and that the correct date is 3/9 at 1pm at the Riverside Behavioral Center. Currently there is much need of support; there are currently 10 open commitments. H & I met on January 5, 2014. We made quorum. All is well. H& I is in need of help. At the last H&I meeting, 2/2/14, quorum was met. There was a question about having an H&I commitment at the Matthews Correctional Facility. It was mentioned that the mileage was a concern and that the closest H&I committee in the area may be able to provide a commitment unless there was someone available to go the distance. There will not be an H&I Committee meeting on 3/3/14. No information available as to the Literature on Hand. In Loving Service, Frank M.”

NOTES: Voting will take place today for H&I Chair.

Policy Report: Audra read report.

“Open meeting at 1 pm with Serenity Prayer. Reading of 12 Traditions and 12 Concepts. 5 voting members/1 non-voting member in attendance.

Old Business:

1. Motion approved that the Policy Sub-committee will establish guidelines on conducting a Budget and Annual Review to be submitted to Area for approval.
2. Clarity was given from Area on questions from the Annual Budget Review. The rent for Policy and H&I is \$5.00/month to be paid every 3 months. Next due date is March, 2014. The SuperMedia was not renegotiated for the New Year.
3. Annual Budget will be submitted next month for Home group approval.

New Business:

1. 2014-02-4 to use “Unanimous Consent” as a part of the Area voting process.
2. Policy Chair position is open. Audra N. was nominated for Policy Chair.
3. Discussion on PASCNA Sub-committees duties regarding attendance at the annual and quarterly budget review. All sub-committee chair duties do have.

Close meeting/Serenity Prayer

In Loving Service, Deborah R.

NOTES: Deborah gave thanks to all present being Chair of Policy Sub-committee. Chair has authorized Audra, pro-temp position as chair for the month of March thru April. **ATTENTION: All GSR's and Chair, and Vice Chair, Area Sub-committee Chairpersons, and Treasurer, the next Budget Review will be Sunday, April, 6th, at Riverside Behavioral Center, in the Hampton Conference Room at 1 pm.**

Public Relations Report: Lawrence read report.

“Meeting opened at 2:00 pm with the Serenity Prayer. There were 8 addicts in attendance. 12 Traditions was read by Paula and 11 Concepts was read by Michelle. Members present: Lawrence, Paula, Michelle, Vicky, Denise K., Shaniqua, Burrell,

Beverly and Dan G. The committee briefly looked over the meeting list for any needed changes. Also, the meeting list will be passed out during Area meeting for any needed changes before printing.

Old Business:

1. The meeting list was printed up and all information is correct. Cost for making of 750 extra copies was \$178.61. Current copies were available for pick up for any home groups who attended Area.

New Business:

1. The committee has been in contact with the Convention Information Sub-committee for the ECCNA. Dan G. gave a brief overview of that the Public Relations Committee will be presenting. Also, he has been in contact with other Area Public Relations sub-committee to also participate. For any further needs addressed for the Public Relations sub-committee, Lawrence will be attending the ECCNA Host Committee meeting on 3/23 at 11 am. Public Relations will provide a booth at the convention, more information will be forthcoming.
2. Poster Drive: Date and location was discussed. Tentative time and date for the next poster drive will be April 26th at 12:30 pm. All participating will meet at the K-Mart (near Mercury and King Street). There were some posters left over so only about 30-50 copies will be printed.
3. To be discussed at next meeting, to avoid having to receive a blank check from Area to take care of costs of the meeting list printing, Lawrence will look into having an account set up at Sir Speedy Printing so that the bill can be sent in and paid via thru the Treasurer.
4. Tentative time for the next Leaning Day for Public Relations will be Spring, 2014. It was discussed that representative from the Region to also participate to give some training for the Regional Helpline. Burrell will do some research on this matter.

Meeting closed with the Serenity Prayer, In Loving Service, Lawrence.”

ECCNA (East Coast Convention of Narcotics Anonymous): Cheryl S. read report.

“Area Liaison Report – ECCNA Host Committee met on February 16, 2014. There have been 3 submissions for the banner design – they will be voted on by the committee. The convention is list on NA.org Calendar of Events. Invitations have been sent to local ails and institutions to participate in the teleconference of the Saturday night meeting. The group is taking suggestions of facilities to send invites to. If you have any suggestions contact Dan G. at 804-815-7699. He would need facility name and contact info. The group is planning a pre-convention concert. They are looking for musicians who will participate on a volunteer basis. For information, contact Bobby at rsmith1965@gmail.com. The Beach Area had an excellent turn out for the lasagna dinner fundraiser. They donated \$760 to ECCNA. March 19th, there will be another fundraiser – Brunch in New Jersey. More information will be forthcoming. There are flyers available for the GSR’s regarding all home groups to sign-up to chair during the Marathon Meeting which is the last Friday evening through Sunday. Please ask your home group to commit to at least 1 hour. There are currently 94 registered at this time. The Serenity Keepers Sub-committee is looking for volunteers to help during the ECCNA Convention. For more information, contact Mingo at 813-532-5112. There are raffle tickets available for \$10 each. The winner of this raffle will win the full package of the ECCNA Convention. (This includes registration, lodging and meals for full weekend. In Loving Service, Cheryl S.”

NOTES: Dave wanted to announce that monies raised so far for the ECCNA is \$10,102.00. This is awesome information on behalf of supporting on providing Basic Texts to our area prisons and institutions. He emphasizes that PASCNA nor any home groups have not yet hosted a fundraiser for ECCNA. He also mentioned that the person who catered the last ECCNA fundraiser in VA Beach was Rod and he did an excellent job. He mentioned the support was of great output for an addict that had less than 60 days clean stayed the entire event washing the dishes. Jeff also mentioned that it is good to have the Policy changed to show that this Area can now actively participate to help raise funds for ECCNA. Newcomer packages are being put together and further information will be provided on the qualifications for NEWCOMER. There is an Advisory Board Conference Call this coming Monday and will provide a report next Area meeting. There are flyers provided to GSR’s for needed support for the Marathon Meeting at ECCNA Convention.

Literature Report: Keith gave verbal report.

“Hi Family. The Literature on hand at the end of last area in December is \$1,308.67. Literature order from previous month is \$992.77. Back orders from last month are \$172.25. Literature on Hand at Start of Area is \$2,301.44 Total sales at end of this

Area including transfer is \$1,522.86. Literature on Hand at End of Area is \$772.93. Back orders at end of Area are \$325.35
Public Information Sub-committee transfer from budget is \$38.80.

Literature amounts from home groups are as follows: High Noon, \$88.00; Keep Coming Back, \$53.99; Surrender to Live, \$49.70; Saturday Night Alternative, \$76.82; Nature of Recovery, \$108.50; Trust the Process, \$168.30; Hugs not Drugs, \$123.90; Serenity Group, \$139.13; A Proven Program, \$22.95; 12+12=Change, \$145.57; Hope, \$30.71; A Meeting at Lunch, \$122.93. Totaling of sales is \$1,486.99. In Loving Service, Keith B."

Old Business

Open Positions

- **Alternate RCM** no volunteers &/or nominations, position remains open (Regional Committee Member)
- **Vice Treasurer** no volunteers &/or nominations, position remains open
- **VRCC** no volunteers &/or nominations, position remains open (Virginia Regional Convention Committee)
- **VRCC Alternate** no volunteers &/or nominations, position remains open
- **H & I Chair** **Frank M. was voted in with unanimous vote. Congratulations Frank M.!**
- **Activities Chair** **Cheryl L. was nominated for this position. Info sent to home groups**
 - **Voting to take place in May**
- **Policy Chairperson** **Audra N. was nominated for this position. Info sent to home groups**
 - **Voting to take place in April**
- **Public Relations Chair** **Lawrence volunteered for this position. Info sent to home groups.**
 - **Voting to take place in April**

**** NOTE to all Home groups, there is a great importance to receive full support for the remainder open positions. ****
Please announce at group conscience as well during announcement time of home group meetings the open positions.
Qualifications for each position are listed in the Policy Manual and on our Area website www.peninsulaareana.org.

Those interested in these positions must be present at Area meeting.

MOTIONS

2014-02-4 **MAKER: DAVID M. (NEVER ALONE) **SECONDED: DARIAN V. (G.O.D.)****

Motion: To use "unanimous consent" as part of the Area voting process. (Section 2E2D)

Intent: To speed up the voting process.

Discussion:

PROS:

CONS:

MOTION PASSED – 15 VOTING GSR'S 3 ABSTAIN 12 APPROVE 0 OPPOSE

New Business

POINT OF INFORMATION FOR PASCNA AREA: PLACED IN POLICY MANUAL THAT IS ONLINE ON THE PENINSULA WEBSITE IS THE PASCNA CALENDAR OF ELECTIONS/NOMINATIONS FOR AREA POSITIONS. P. 64.

MOTIONS

2014-03-1 **MAKER: ACTIVITIES SUB-COMMITTEE **SECONDED: NONE NEEDED****

Motion: To host an 80's themed dance karaoke party as an ECCNA fundraiser even in April.

Intent: To promote unity, fun and fellowship within the Peninsula Area and to raise funds for ECCNA 2014 in order to supply Basic Texts to jails and prisons.

Discussion: location to be determined. This event is strictly to show this Area participating in fundraising for the ECCNA

PROS:

CONS:

MOTION PASSED – 14 VOTING GSR'S 1 ABSTAIN 13 APPROVE 0 OPPOSE

2014-03-2 MAKER: RON L. (NATURE OF RECOVERY)

SECONDED: DAVE H. (12+12=CHANGE)

Motion: Policy Change – The Activities Sub-committee return all monies left over after an event to it is to returned back to Area Treasurer at the next meeting.

Intent: To show accountability.

Discussion:

PROS: 1. Accountability. 2. To limit funds in order for funds can go back to Area.

CONS: 1. Activity costs more than the monthly budget of \$600 (they have up to \$800 per budget) even though they ask for monies each month. This may become a disable to have an event over \$600. 2. Constrains the Activities sub-committee stride in hosting monthly events may not be able to have the event. 3. If you cannot trust a trusted servant voted in position to handle any monies even if it is for \$600 or less or more. We can trust regardless or not.

MOTION GIVEN TO POLICY FOR REVIEW AND TO BE RETURNED NEXT AREA MEETING

2014-03-3 MAKER: POLICY SUB-COMMITTEE

SECONDED: NONE NEEDED

Motion: To add to the Policy Section 4B after approval to home groups Monthly Budget.

Intent: To continue PASCNA financial responsibility.

Discussion:

PROS:

CONS:

MOTION SENT TO HOME GROUPS FOR DISCUSSION AND VOTE

MOTION FROM REGION: - FOR HOME GROUPS TO DISCUSS AND VOTE.

165-3 CARNA REPRESENTATIVE TO ECCNA – RESENT BACK TO AREAS

MOVER: BILL M. (VICE CHAIR)

SECONDED: RUDOLPH C. (RAPPAHANNOCK)

Description: The East Coast Convention of Narcotics Anonymous (ECCNA) requested that Central Atlantic Region of Narcotics Anonymous (CARNA) participate as one of he 29 Directors of the ECCNA Advisory Board (AB). ***This representative would serve as a liaison between CARNA and ECCNA (Added 2/15).***

Intent: To nominate a representative of CARNA to the ECCNA Advisory Board to fulfill NA's 5th and 9th Traditions of carrying the message from a Service body to the addicts they serve.

Motion:

To change the CARNA Guidelines and Rules of Order:

1. Section **VIII Additional Guidelines** (p. 8)
 - a. Add:
 11. Upon the election of the Vice Chair, CARNA will send an email to the ECCNA Advisory Board nominating the new Vice Chair as the Director representing CARNA on the ECCNA Advisory Board, and the current CARNA ECCNA Advisory Board Director will nominate the new Vice Chair as Director to that body at the next Regular Advisory Board meeting.
2. Section **2A Vice Chair Duties**
 - a. Amend
 - i. Submits written reports to each RSC Conference and an annual written report to the GSR. To show the following:
 - ii. Submits written reports to each RSC Conference and an annual written report to **the GSR Assembly that includes relevant information of the Vice Chairs participation and interaction with the Areas, subcommittees, audits, over-night events and items discussed at the ECCNA Advisory Board meetings.**
 - b. Add
 - i. Willing to accept CARNA's nomination for a 2-year term and serve on the Advisory Board of the ECCNA.
Financial Impact: There is no financial impact to the Region or any individual serving as CARNA's representative serving as Director to the ECCNA Advisory Board. According to the BYLAWS of the ECCNA,

Inc., Article 6.07, DIRECTORS' MEETING, item a) "Place of Meetings: Regular meetings of the AB will be held via Internet or conference calling."

Although the ECCNA holds an annual meeting at the convention itself on the final day, there is no mention in the ECCNA by laws of mandatory attendance. Therefore, if CARNA's director wishes to attend the meeting at the annual ECCNA convention, it is solely at their discretion and at their expense.

Pro: Will foster unity with other regions that participate in the ECCNA having the Vice-Chair do this position. Will foster continually and accountability with the duties assigned.

Pro: If we as a region receive the benefit of cases of basic texts for men and women in prison in our region, we should be participating in the work that makes their gift to us possible.

Con: A regional committee member should not be required to serve an outside entity.

Con: That if new duties are added to an existing regional position it should be one to gather information about our own regional convention – not another outside entity.

PASCNA DISCUSSION AND PROS: Pro: 1. ECCNA and CARNA will be under NA umbrella – not a separate entity. 2. ECCANA is not tied to Regional level so if we had a member (Vice-Chair of Region) to have a point of accountability in our financial structure of Region.

MOTION TO BE REVIEW, DISCUSSED AND VOTED VIA HOME GROUPS, THIS VOTE IS TO BE CARRIED TO THE REGION.

MOTIONS THAT PASSED AT REGION:

MOTION 166-2 ADDITIONAL RDA EXPENSES TO WSC – APPROVED (9-0-0)

Mover: Eddie W. (Appalachian) 2nd: Rudolph C. (Rappahannock)

Description: Last budget cycle we reduced the budget for the RDA and RDA2 for WSC travel but increased the per diem. It appears that there will not be enough money to cover the expense of the RDA travel to the WSC.

Intent: To be fully self-supporting

Motion: To approve a \$300 expense for RDA travel to WSC and to make sure our RDA doesn't have to come out of pocket for WSC-related expenses.

MOTION 166-3 MOVE JUNE RSC TO WILLIAMSBURG – APPROVED (6-2-1)

Mover: Donna Lee P. (CARNA RD) 2nd: Tony W. (Tri-Cities)

Description:

Intent: To allow trusted servants of the RSC to be able to support the ECCNA and fulfill their duties to the RSC as well.

Motion: To move the location of the June RSC this year to Williamsburg so that the trusted servants who want to support the ECCNA will be able to do so and fulfill their responsibilities to the RSC as well.

The next RSC will be held – Saturday, April 19, 2014 at Massaponax Baptist Church, 5501 Massaponax Church Road, Fredericksburg, VA 22047 with Open Forum starting at 6pm and RSC beginning immediately.

Announce location and time of next sub-committee meetings

Close with Serenity Prayer and Announcements

Home Group Reports:

Note from PASCNA Secretary: If there are any discrepancies on address or email address, please contact the Area Secretary to have information updated/corrected. Also know that all Area minutes are located on website for review. The website is www.peninsulaareana.org.

HOME GROUP GSR'S, Please try to write as clearly as possible and remember to put reports on full size sheet of paper with your signature.

Nature of Recovery: *"Greetings Fellow Travelers on this journey we call Recovery. All is well up here in Williamsburg. We are still carrying the message of Recovery to the still suffering addict. We meet every Sunday; 8 pm at the Williamsburg Place. We have one celebration in April, Sunday, April 5th; Ron L. will be celebrating 12 years in recovery. Our literature order this month is \$108.50 and our area donation is \$23.50. In Loving Service, Ron, L.*

P.S. – Our Annual Picnic is going to be held August 23rd at Waller Mill Park, noon to 6pm with 2 speakers Food, Fun, and Fellowship! Flyers are on the way!"

A Gift Called Life: *"We are doing well and are still delivering a strong message of recovery to ALL addicts. Two celebrations, Lisa L., 3/2, 1 year and Leo P., 15 years on 3/? In Loving Service, Jeff T."*

How and Why: *"Meetings are doing good. There are many new home group members in attendance. Donation of \$65.00 to area. In Loving Service, Tee J."*

Never Alone: *"Greetings Family, Never Alone will begin meeting at 7 pm starting 3/15/14. The meeting will be 1 ½ hours long. We're averaging between 80-100 members in attendance as we continue to carry the message. Our literature order is \$49.76. In Loving service, Dave M."*

Hope: *"Hi Family, Hope is still carrying the message to the sick and suffering addicts. Please come by and give your support. We have a literature order of \$30.71 and donation to area of \$50.00. Sherri S. will be celebrating her first year on March 12th. Keep a coming!! In Loving service, Joe P."*

Change We Must: *"We are in need of support. We meet Friday's at 6:30 pm. All are welcome. Literature order is \$ 21.66 and donation to area is \$34.04. In Loving Service, Ray D."*

Surrender to Live: *"The Surrender to Live home group is alive and well. The group continues to carry the message of recovery. Attendance and home group members continue to grow. We have no donation for Area. Our literature order is \$49.70. In Loving Service, Margy."*

12 + 12 = Change: *"12+12=Change continues to carry the message the NA message to more than 50 addicts every week including those in our local treatment center. We will be announcing a fundraiser for ECCNA in the coming weeks. On Thursday, March 20th, Pat T. will be celebrating 26 years. In loving services, Jeff M."*

Saturday Night Alternative: *"Hello Family, Saturday Night Alternative continues to show up and carry the message of recovery. We made a literature order of \$77.82 and an area donation of \$29.18. Denise K. will be celebrating 15 years on 4/5 and Hawk will be celebrating 7 years on 4/26. In Loving Service, Hawk."*

Out of Ordinary: *"Despite some turnover in membership our meeting typically hosts almost two dozen addicts seeking recovery. Sometimes folks even come down from Warsaw, where they report having a weekly NA meeting on Thursday nights. We've established good relations with the church whose building we rent to of our members are now key holders. Kyle H. was elected our Alternate GSR. our members are now key holders. Kyle H. was elected our Alternate GSR. The meetings in Gloucester aren't as well attended as ours. And as a result we're considering whether or not to become our group of addicts hosting 4 weekly meetings. More will be revealed. One of our members will be celebrating 30 years of continuous clean time. We hope you will consider joining us that Monday night. In Loving Service, Dan G."*

A Meeting at Lunch: *"A Meeting at Lunch continues to meet Monday through Friday at noon. Our membership is growing with newcomers who are willing to serve at a group level. We had a literature order of \$123.00 and no area donation today. In Loving Service, Bonita."*

A Proven Program: *"Our new little meeting in Williamsburg is steadily holding having 20 in attendance. We are a Basic Text Study meeting, so bring your book if you have one. We have our first celebration in the group. James D. will be celebrating his 1st year on 3/24. In Loving Service, Dave H."*

Living Life on Life's Terms: "I'm Lisa and I am an addict. Living Life on Life's Terms continues to do well. We have an area donation of \$67.00 and a literature order of \$6.84. We don't have any celebrations in April. In May, Lisa will be celebrating 25 years on 5/10 and Thayne, 7 years on 5/17. In Loving Service, Lisa S."

Hearts of Hope: "We meet every Monday night at 7:30 pm at S. Joan of Arc Church, 9401 George Washington Memorial Highway, in Yorktown. We are in need of more NA members. In Loving Service, Albert W. 757-344-3450."

High Noon: "Literature order \$88.00, no report submitted."

Keep Coming Back: "Literature order \$53.99, no report submitted."

Trust the Process: "Literature order \$168.30, no report submitted."

Hugs Not Drugs: "Literature order \$123.90. No report submitted."

Serenity Group: "Literature order \$139.13. No report submitted."

No More Excuses: "Literature order \$47.51 No report submitted."

Let's Get Spiritual: "Literature order \$9.63. No report submitted."

Let's Recover Together: "Literature order \$77.15.No report submitted."

New Genesis: "GSR present. Literature order \$65.54. No report submitted."

Fresh Starts for Open Hearts: "GSR present. Literature order \$78.40. No report submitted."

In Step: "GSR present, no report submitted."

NEW MEETING: UPPER ROOM SOLUTIONS at Spirit Works, Fridays, 7:30 pm

Address: 5800 Mooretown Road, Williamsburg, VA. (Meeting is an hour). This is an Open Meeting.

Contacts are Chris B. 757-561-8921, Jane B. 757-871-5279, and Henry H. 757-532-8814.

Meeting closed with Serenity Prayer and Clean Up

PASCNA AGENDA

April 5, 2014

Open Meeting

Call to order

Meeting Opened:

Serenity Prayer All

Reading of the 12 Traditions:

Reading of the 12 Concepts:

Roll Call to Establish Quorum:

General Information: Tim B.

Cell phones turned off/vibrate; turn in donations to Treasurer (please do not give more than \$1 change to Treasurer); and home group reports to Secretary (GSR's and Chairpersons, please try to write as clearly as possible and remember to put reports on full size sheet of paper with your signature); please respect the meeting by not texting during business meeting; please clean up after yourself. Please update the meeting list and GSR mailing roster and return back up front.

Welcome New GSRs:

Review and Approve March 1, 2014 Minutes

ASC Reports

ASC Treasurer's Report

RCM Report

Subcommittee Chairperson's Reports

Activities

H&I

Policy

Public relations

ECCNA

Literature

Old Business

Open Positions

- **Alternate RCM** no volunteers &/or nominations, position remains open (Regional Committee Member)
- **Vice Treasurer** no volunteers &/or nominations, position remains open
- **VRCC** no volunteers &/or nominations, position remains open (Virginia Regional Convention Committee)
- **VRCC Alternate** no volunteers &/or nominations, position remains open
- **Activities Chair** **Cheryl L. was nominated for this position. Info sent to home groups**
 - **Voting to take place in May**
- **Policy Chairperson** **Audra N. was nominated for this position. Info sent to home groups**
 - **Voting to take place in April**
- **Public Relations Chair** **Lawrence volunteered for this position. Info sent to home groups.**
 - **Voting to take place in April**

MOTIONS

2014-03-2

MAKER: RON L. (NATURE OF RECOVERY)

SECONDED: DAVE H. (12+12=CHANGE)

Motion: Policy Change – The Activities Sub-committee return all monies left over after an event to it is to returned back to Area Treasurer at the next meeting.

Intent: To show accountability.

Discussion:

PROS: 1. To show practice of Accountability monthly. 2. To limit funds in order for funds can go back to Area.

CONS: 1. Activity costs more than the monthly budget of \$600 (they have up to \$800 per budget) even though they ask for monies each month. This may become a disable to have an event over \$600. 2. Constrains the Activities sub-committee stride in hosting monthly events may not be able to have the event. 3. If you cannot trust a trusted servant voted in position to handle any monies even if it is for \$600 or less or more. We can trust regardless or not.

MOTION GIVEN TO POLICY FOR REVIEW AND TO BE RETURNED NEXT AREA MEETING

2014-03-3

MAKER: POLICY SUB-COMMITTEE

SECONDED: NONE NEEDED

Motion: To add to the Policy Section 4B after approval to home groups Monthly Budget.

Intent: To continue PASCNA financial responsibility.

Discussion:

PROS:

CONS:

MOTION SENT TO HOME GROUPS FOR DISCUSSION AND VOTE

MOTION FROM REGION: - FOR HOME GROUPS TO DISCUSS AND VOTE.

165-3 CARNA REPRESENTATIVE TO ECCNA – RESENT BACK TO AREAS

MOVER: BILL M. (VICE CHAIR)

SECONDED: RUDOLPH C. (RAPPAHANNOCK)

Description: The East Coast Convention of Narcotics Anonymous (ECCNA) requested that Central Atlantic Region of Narcotics Anonymous (CARNA) participate as one of the 29 Directors of the ECCNA Advisory Board (AB). ***This representative would serve as a liaison between CARNA and ECCNA (Added 2/15).***

Intent: To nominate a representative of CARNA to the ECCNA Advisory Board to fulfill NA's 5th and 9th Traditions of carrying the message from a Service body to the addicts they serve.

Motion:

To change the CARNA Guidelines and Rules of Order:

3. Section **VIII Additional Guidelines** (p. 8)

a. Add:

12. Upon the election of the Vice Chair, CARNA will send an email to the ECCNA Advisory Board nominating the new Vice Chair as the Director representing CARNA on the ECCNA Advisory Board, and the current CARNA ECCNA Advisory Board Director will nominate the new Vice Chair as Director to that body at the next Regular Advisory Board meeting.

4. Section **2A Vice Chair Duties**

a. Amend

- i. Submits written reports to each RSC Conference and an annual written report to the GSR. To show the following:
- ii. Submits written reports to each RSC Conference and an annual written report to **the GSR Assembly that includes relevant information of the Vice Chairs participation and interaction with the Areas, subcommittees, audits, over-night events and items discussed at the ECCNA Advisory Board meetings.**

b. Add

- i. Willing to accept CARNA's nomination for a 2-year term and serve on the Advisory Board of the ECCNA.
Financial Impact: There is no financial impact to the Region or any individual serving as CARNA's representative serving as Director to the ECCNA Advisory Board. According to the BYLAWS of the ECCNA,

Inc., Article 6.07, DIRECTORS' MEETING, item a) "Place of Meetings: Regular meetings of the AB will be held via Internet or conference calling."

Although the ECCNA holds an annual meeting at the convention itself on the final day, there is no mention in the ECCNA by laws of mandatory attendance. Therefore, if CARNA's director wishes to attend the meeting at the annual ECCNA convention, it is solely at their discretion and at their expense.

Pro: Will foster unity with other regions that participate in the ECCNA having the Vice-Chair do this position. Will foster continually and accountability with the duties assigned.

Pro: If we as a region receive the benefit of cases of basic texts for men and women in prison in our region, we should be participating in the work that makes their gift to us possible.

Con: A regional committee member should not be required to serve an outside entity.

Con: That if new duties are added to an existing regional position it should be one to gather information about our own regional convention – not another outside entity.

PASCNA DISCUSSION AND PROS: Pro: 1. ECCNA and CARNA will be under NA umbrella – not a separate entity. 2. ECCANA is not tied to Regional level so if we had a member (Vice-Chair of Region) to have a point of accountability in our financial structure of Region.

MOTION TO BE REVIEW, DISCUSSED AND VOTED VIA HOME GROUPS, THIS VOTE IS TO BE CARRIED TO THE REGION.

New Business

Home Group Reports/Announcements

Close Meeting with Serenity Prayer and Clean Up