

# PASCNA MINUTES

---

September 5, 2015

**Meeting Opened:** 4:00 pm  
**Meeting Called to Order:** Beverly A., Chair  
**Serenity Prayer:** All  
**Reading of the 12 Traditions:** Yvonne W. (H&I Chair)  
**Reading of the 12 Concepts:** Hawk (Saturday Night Alternative)  
**Roll Call to Establish Quorum:** 14 at time of roll call (quorum established)  
**General Information:** Beverly A.

Cell phones turned off/vibrate; please respect the meeting by not texting during business meeting; turn in donations to Treasurer (please do not give more than \$1 change to Treasurer); and home group reports to Secretary (GSR's and Chairpersons, please try to write as clearly as possible and remember to put reports on full size sheet of paper with your signature); the literature chair cannot accept personal checks on behalf of home group purchases; please clean up after yourself. Please update the meeting list and GSR mailing roster and return back up front. **\*\*PLEASE ASSIST WITH CLEAN UP UPON CLOSE OF AREA MEETING\*\***  
**PLEASE REMEMBER TO PICK UP YOUR LITERATURE ORDER AT THE END OF AREA MEETING.**

## Welcome New GSRs:

**New home group: "Who is an Addict?"** (Mon/Wed), 830 pm, (O, B) 3279 Lake Powell Road, Williamsburg, VA 23185, c: Owen W. 757-349-3011.

**New home group: "Men & Women"** (Saturdays), 12:00 (O) REPLACING NAME OF GIRLS TO WOMEN AND BOYS TO MEN MEETING. Location and time has not changed.

## Review and Approval of August 1, 2015 Minutes:

*"The August 1<sup>st</sup>. Minutes was reviewed. Motion was made by Dan K. (A Proven Program) 2nd by Lynn B. (Living Life on Life's Terms). MINUTES APPROVED: by Acclamation (unanimous vote)*

## ASC Treasurer's Report:

Thomas read current bank statement.

*"Copies provided at Area were the bank statement. Precious balance \$7,060.16. Current balance is \$6,179.92. There was a deposit of \$1,304.04. Checks written/cleared are at the end of copied report. At this time, there is only the position of Vice Treasurer to read such report. Hi Family. I am sorry for the delay in this report.*

**"Home Group Area Donations for the month of August 2015:** Nature of Recovery \$51.89; 12+12=Change \$150.00; Change I Must or Die I Will \$15.51; Serenity Group \$28.42; A Proven Program \$75.00; Recovery at Sunrise \$50.00; New Genesis \$20.00; Never Alone \$9.82; A Meeting at Lunch \$96.00; Living Life on Life Terms \$34.00; Living the Program \$21.00; Time to Surrender \$60.00; A New Approach to Life \$40.00; Total Group donations \$651.64. Secretary returned \$49.33; Literature turned in \$597.97. **"Home Group Area Donations for the month of September 2015:** Faith \$40.00; A Proven Program \$77.00; Let's Recover Together \$27.81; Life on Life's Terms \$113.00; Nature of Recover \$166.00; Just for Today/Living the Program \$10?; Saturday Night Alternative \$13.26; Serenity Group \$48.85; Hugs Not Drugs \$10.00; The Lie is Dead \$40.00; Time to Surrender \$60.00; No More Excuses \$17.54; Never Alone \$24.00. Activities \$556.39; Secretary \$8.56; Literature \$708.43.  
*In Loving Service, Thomas"*

**RCM's Report:** Jimmy W. was not present (unexcused absence)

**VRCC's Report:** No representative. No report.

**Activities Report:** Dave M. read report.

*"The Activity Sub-committee met today(9/5/15) at 2pm at Warwick United Church of Christ with 7 members in attendance. The August Bowling Event was a success! We have 38 in attendance, \$203.32 was spent on this event and \$159.32 was raised in donations. \$556.39 is being returned to Area today along with event's receipts. We are submitting motions today for the Annual Chili Cook-off and Halloween Dance. We are always looking to welcome new members to the sub-committee. We are asking \$600 for Sept. event. We are having a mid-month meeting 9/19, 5pm. At the Hilton Christian Church, (Never Alone). In Loving Service, Dave M."*

**H&I Report:** Yvonne W. read written report.

*"All is well. Reminder tomorrow 9/6/15 is our Quarterly Workshop at 2pm at the Peninsula Behavioral Center. Come out and lean about H&I. Immediately following is a regular business meeting. All manned commitments are being carried. We do have a lake carrying the Regional Facility and all is well. Will bring in receipts for the Workshop next month. In Loving Service, Yvonne W."*

**Policy Report:** Beverly read written report.

*"Policy meet with 6 in attendance. Attendees: Beverly A., Thomas H., Teddie A., Alethea L., Ray D., Yvonne W. 12 Traditions was read by Teddie A. and Concepts was read by Thomas H. NEW BUSINESS: There was discussion about the writing of checks at Area. Also, discussion for a policy for online banking on live account for email on statement. At this time Area has access to bank. In Loving Service, Beverly A., Acting Chair"*

**Public Relations Report:** Ray D. read written report.

*"9/5/15 – Meeting opened with the Serenity Prayer with 4 in attendance, Ray, Lawrence, Teddie and Paula. 12 Traditions was read by Paula and 12 Concepts was read by Lawrence. OLD BUSINESS: 1. The YWCA rescheduled their event from 8/22 to 9/12, 11am-5pm. NEW BUSINESS: 1. PR Chair attended Policy meeting of August. 3. Committee discussed agenda, speakers and topics for the upcoming Regional Speaker Jam on 9/12. 4. There is a Master list being passed around for any updated needed for the meeting list. We closed with the Serenity Prayer. In Loving Service, Ray D."*

**Web Master Report:** Teddie A. read written report.

*"All updates that I can do have been done. I can correct the meeting list pate at any time. As for the hard copy meeting list, I can't do anything about that. I can only post it on the website. I can correct items or post at the time that it needs to be done. Also, High Noon is having a Fish Fry this coming Monday. In Loving Service, Teddie A."*

**Old Business**

- **ASC Vice Chair** now taking nominations &/or volunteer
- **Alternate RCM** no volunteers &/or nominations, position remains open (Regional Committee Member)
- **VRCC** no volunteers &/or nominations, position remains open (Virginia Regional Convention Committee )
- **VRCC Alternate** no volunteers &/or nominations, position remains open
- **Treasurer** **Thomas H. was voted in unanimously. Congratulations Thomas!!**
- **Vice-Treasurer** now taking volunteers &/or nominations
- **Policy Chair** now taking volunteers &/or nominations

***Those interested in these positions must be present at Area meeting.***

**Qualifications for each position are listed in the Policy Manual/website [www.peninsulaareana.org](http://www.peninsulaareana.org).**

**MOTIONS:**

**MOTION: 172-3 Amend RDA2 Responsibilities (BACK TO AREAS)**

**Mover: Public Relations Subcommittee 2<sup>nd</sup> by Jimmy W. (Peninsula RCM)**

**Description/Background: The RDA2 position has had the responsibility of Webservant to NAWS but the updates have not been consistent. PR is creating one spreadsheet to do phone line website and the NAWS database could receive it.**

**Intent: To centralize this function in the PR Subcommittee so that the process does not have to be duplicated.**

**Motion: to remove 8A #6 RDA2 Duties (i.e. "Holds the position of Webservant to NAWS. (135<sup>th</sup>)") and place it in the Public Relations duties for consistency.**

**MOTION PASSED: 12 VOTING GSR'S 5 ABSTAIN 7 APPROVE 0 OPPOSE.**

**MOTION: 173-5 Two Day Events – Lodging Expense Policy Change (BACK TO AREAS)**

**Mover: Bill M. (Vice Chair) 2<sup>nd</sup> by Maria C. (Tidewater RCM)**

**Description/Background: Our region has flipped the days of RSC on our spring and fall two day event. However, our policy guide does not allow for rooms on Friday to allow for those who need to travel long distances the night before.**

**Intent: To allow funds to be allocated for overnight accommodations for those traveling long distances.**

**Motion: To make the following changes to the Central Atlantic G&RO.**

1. Change Section 8.8A from CARNA will provide lodging following the RSC for those required by the CARNA G&RO or those requested by the REC to attend the April or October overnight event.” To: CARNA will provide lodging for those required by the CARNA G&RO or those requested to attend the April or October overnight event.”
2. Change Section 8.8.B from “The RSC may utilize any remaining funds budgeted for lodging to furnish rooms following the RSC for GSR’s and other CARNA members interested in attending the April or October overnight event To: “The RSC may utilize any remaining funds budgeted for lodging to furnish rooms for GSR’s and other CARNA members interested in attending the April or October overnight event.

**MOTION FAILED – DUE TO ABSENCE OF RCM 2 CONSECUTIVE AREA MEETINGS, NO CALRIFICATION OR EXPLANATIONS CAN BE MADE ON THIS MOTION, SO NO VOTE FROM THIS AREA TO BE PRESENTED AT REGION.**

**10 minute break – meeting re-opened with a moment of silence, Serenity Prayer and Roll call, quorum established.**

**Literature Report:** Rodney read written report.

*“Hi Family. The Literature on Hand at the End of last area is \$2,551.98. Literature order previous month \$867.13. Back orders last month \$91.35. Literature on Hand at Start of Area is \$3,414.11. Transfers \$242.52 from H&I sub-committee. Total sales \$950.95. Total cash/checks \$708.43 given to Treasurer. Literature on Hand at the End of Area \$2105.68. Back orders at the End of Area is \$170.58 (due to demand of Basic Texts).*

*Group literature information for the month of September is as follows: A Meeting at Lunch \$59.17; A Proven Program \$46.55; End of the Road \$71.69; Faith \$59.92; Good Orderly Direction \$63.89; Honesty Group \$3.47; Let’s Recover Together \$21.19; Never Alone \$54.10; New Attitude \$32.96; No More Excuses \$5301; Saturday Night Alternative \$34.74 – turned in a check for \$40.00; Serenity Group \$9.42; Surrender to Live \$9.00; Trust the Process \$133.54; We Can Change \$15.78; Change I Must or Die I Will \$22.00; End of the Road \$3.42; Honesty Group \$31.78; I Can’t We Can \$63.40; Keep Coming Back \$1.85; Living Life on Life’s Terms \$22.73; Living the Program \$9.63; Nature of Recovery \$130.00; Never Alone \$52.53; New Genesis Group \$44.57; No More Excuses \$45.42; Saturday Night Live \$6.26; Serenity Group \$7.70; Surrender to Live \$5.67; Dave M. \$5.35; Saturday Night Alternative (check) \$101.97. Total sales \$591.97.*

**New publications: IP#29 Introduction to NA Meetings (\$.24/.22) and Just For Today Daily Meditation Desk Calendars \$11.75, and new laser-engraved (gray with black lettering) medallion \$12.50. The Literature Chair is asking for home groups to turn in their orders by 4:30-5:00pm in order to be able to provide a report to Area in a timely manner. In Loving Service, Rodney”**

## **New Business**

### **MOTIONS**

**2015-9-1      MAKER: DAVE M. (ACTIVITIES SUB-COMM.)**

**SECONDED: NONE NEEDED**

**Motion:** To hold the a Halloween Costume Dane in October.

**Intent:** To promote unity, fun, and fellowship amongst the Area.

**Discussion:** more to be revealed

**PROS:**

**CONS:**

**14 VOTING GSR’S MOTION PASSED by ACCLAMATION**

**2015-9-2      MAKER: DAVE M. (ACTIVITIES SUB-COMM.)**

**SECONDED: NONE NEEDED**

**Motion:** To hold the 3<sup>rd</sup> Annual Chili Cook-Off in October.

**Intent:** To promote unity, fun, and fellowship amongst the Area.

**Discussion:** Tentative date October 18<sup>th</sup> – more to be revealed

**PROS:**

**CONS:**

**14 VOTING GSR’S MOTION PASSED by ACCLAMATION**

**2015-9-3      MAKER: JIMMY H. (NEVER ALONE)**

**SECONDED: DAN K. (A PROVEN PROGRAM)**

**MOTION VOIDED**

MOTION VOIDED

2015-9-5 MAKER:

SECONDED:

MOTION VOIDED

2015-9-6 MAKER: DAVE M. (ACTIVITIES SUB-COMM.) SECONDED: NONE NEEDED

**Motion:** To remove from Policy the requirement stating that for a check to be written the two authorized signers have to be in the same place at the same time.

**Intent:** To allow Area to do business, in spite of unfilled authorized positions or emergencies.

**Discussion:** August Area conducted business in violation of current policy.

**PROS:**

**CONS:**

**MOTION IS GIVEN TO POLICY FOR REVIEW/DISCUSSION.**

### **Home Group Reports:**

**Note from PASCNA Secretary:** All Area minutes are located on website for review. The website is [www.peninsulaareana.org](http://www.peninsulaareana.org).  
**HOME GROUPS NEED TO UPDATE ANY AND ALL INFORMATION ON NA.ORG WEBSITE.**

**End of the Road:** "I'm a recovering addict name Fred. My home group is The End of the Road. Attendance at our meetings is good, we made an order of \$71.69 today for the materials. An addict by the name of Steven F. will celebrate 4 years on the 23<sup>rd</sup> of this month. An addict by the name of Fred M. will be celebrating 2 years on October 7<sup>th</sup>. In Loving Service, Fred M."

**Keep Coming Back:** "My name is Yasmin, the new GSR for Keep Coming Back home group. We meet on Fridays at 7pm. We are in need of support. Lloyd will be celebrating 10 years on Sept. 25<sup>th</sup>. In Loving Service, Yasmin."

**Never Alone:** "Jimmy H. reporting for my last day serving Area as GSE for my home group. Butch L. will be taking my place next month. We have a literature purchase of \$54.10 and a donation to Area in the amount of \$24.00. In Loving Service, Jimmy H."

**New Genesis:** "New Genesis home group is doing well. Lexi S. celebrates her 1<sup>st</sup> year on Sept. 15<sup>th</sup>. Gayle R. celebrates 5 years on Oct. 6<sup>th</sup>. In Loving Service, Ashli H."

**Nature of Recovery:** "Everything is doing just honky dory up here in Williamsburg! We meet 8pm on Sundays at the Williamsburg Place. Our meeting is a varied format open to all addicts on those who think they may have a problem with mind or mood altering drugs. We have one celebration in Sept. Shelia W., 17 years on 9/13. Our Area donation this month is \$166.00, no literature order. In Loving Service, Ron L."

**Time to Surrender:** "We continue to carry the message to the suffering addicts. Our donation this month is \$60.00 In Loving Service, Eddie H."

**The Lie is Dead:** "We continue to carry the message of NA to addicts who still suffer. Our donation this month is \$40.00 In Loving Service, Eddie H."

**Saturday Night Alternative:** "Saturday Night Alternative continues to carry the message of recovery and is doing well. We have a literature order of \$74.74 and an Area donation of \$13.26. In Loving Service, Hawk."

**Trust the Process:** "We are still having meetings five days a week. We need support from newcomers and old timers. Come and support us from 9:30am-11am. We welcome all. We had a literature order of \$133.54 and no donation to Area. In Loving Service, Clarice B."

**No More Excuses:** "No More Excuses still meets every Saturday mornings at 10:00 am. Our Area donation is \$17.54, Literature order is \$53.01. No celebrations. In Loving Service, Tracey B.s"

**Meeting closed with Serenity Prayer and Clean Up. \*\*PLEASE ASSIST WITH CLEAN UP UPON CLOSE OF AREA MEETING\*\***

---

# PASCNA AGENDA

---

October 3, 2015

## **Open Meeting**

Call to order Beverly A.

Meeting Opened:

Serenity Prayer All

Reading of the 12 Traditions:

Reading of the 12 Concepts:

Roll Call to Establish Quorum:

General Information: Beverly A.

Cell phones turned off/vibrate; please respect the meeting by not texting during business meeting; turn in donations to Treasurer (please do not give more than \$1 change to Treasurer); and home group reports to Secretary (GSR's and Chairpersons, please try to write as clearly as possible and remember to put reports on full size sheet of paper with your signature); the literature chair cannot accept personal checks on behalf of home group purchases; please clean up after yourself. Please update the meeting list and GSR mailing roster and return back up front. **\*\*PLEASE ASSIST WITH CLEAN UP UPON CLOSE OF AREA MEETING\*\***  
PLEASE REMEMBER TO PICK UP YOUR LITERATURE ORDER AT THE END OF AREA MEETING.

## **Welcome New GSRs:**

## **Review and Approve September 5, 2015 Minutes**

## **ASC Reports**

ASC Treasurer's Report  
RCM Report

## **Subcommittee Chairperson's Reports**

Activities  
H&I  
Policy  
Public Relations  
Literature  
PASCNA Web Master

## **Old Business**

- **ASC Vice Chair** now taking nominations &/or volunteer
- **Alternate RCM** no volunteers &/or nominations, position remains open (Regional Committee Member)
- **VRCC** no volunteers &/or nominations, position remains open (Virginia Regional Convention Committee)
- **VRCC Alternate** no volunteers &/or nominations, position remains open
- **Vice Treasurer** now taking volunteers &/or nominations
- **Policy Chair** now taking volunteers &/or nominations

***Those interested in these positions must be present at Area meeting.***

**\* NOTE to all Home groups: Please announce at group conscience as well during announcement time of home group meetings the open positions. Qualifications for each position are listed in the Policy Manual/website [www.peninsulaareana.org](http://www.peninsulaareana.org).**

**2015-9-6**

**MAKER: DAVE M. (ACTIVITIES SUB-COMM.) SECONDED: NONE NEEDED**

**Motion:** To remove from Policy the requirement stating that for a check to be written the two authorized signers have to be in the same place at the same time.

**Intent:** To allow Area to do business, in spite of unfilled authorized positions or emergencies.

**Discussion:** August Area conducted business in violation of current policy.

**PROS:**

**CONS:**

**MOTION IS GIVEN TO POLICY FOR REVIEW/DISCUSSION.**

## **NEW BUSINESS**

### **Home Group Reports/Announcements**

**Close Meeting with Serenity Prayer and Clean Up** - *\*\*PLEASE ASSIST WITH CLEAN UP UPON CLOSE OF AREA MEETING\*\**