

PASCNA MINUTES

August 1, 2015

Meeting Opened: 4:00 pm
Meeting Called to Order: Beverly A., Chair
Serenity Prayer: All
Reading of the 12 Traditions: Alethea (Saturday Night Alternative)
Reading of the 12 Concepts: Roderick (A Meeting at Lunch)
Roll Call to Establish Quorum: 12 at time of roll call (quorum established)
General Information: Beverly A.

Cell phones turned off/vibrate; please respect the meeting by not texting during business meeting; turn in donations to Treasurer (please do not give more than \$1 change to Treasurer); and home group reports to Secretary (GSR's and Chairpersons, please try to write as clearly as possible and remember to put reports on full size sheet of paper with your signature); the literature chair cannot accept personal checks on behalf of home group purchases; please clean up after yourself. Please update the meeting list and GSR mailing roster and return back up front. ****PLEASE ASSIST WITH CLEAN UP UPON CLOSE OF AREA MEETING****
PLEASE REMEMBER TO PICK UP YOUR LITERATURE ORDER AT THE END OF AREA MEETING.

Welcome New GSRs:

Cameron, New Genesis; Cheryl, No More Excuses

New home group: "Who is an Addict?" (Mon/Wed), 830 pm, (O, B) 3279 Lake Powell Road, Williamsburg, VA 23185, c: Owen W. 757-349-3011.

New home group: "Men & Women" (Saturdays), 12:00 (O) REPLACING NAME OF GIRLS TO WOMEN AND BOYS TO MEN MEETING. Location and time has not changed.

Review and Approval of July 4, 2015 Minutes:

"The June 4th Minutes was reviewed. It as noted that minutes was emailed or mailed out late. Secretary expressed her apologies. t in as temporary Secretary for June Area meeting. Secretary was very thankful for the wonderful notes taken by Rose. Motion was made by Sarah A. (Hugs Not Drugs) and 2nd by Jimmy W. (RCM) that minutes be approved with corrections.

MINUTES APPROVED: by Acclamation (unanimous vote)

ASC Treasurer's Report:

Beverly A. read report.

*"Hi Family. I am sorry for the delay in this report. We are still in need of a Treasurer and Vice Treasurer. I do have copies of the bank statement but was not able to do report in normal forms. We had to disband our online banking now we will have to pay \$3.00 per month for a paper statement per the bank,. We deposited \$1,653.90. Our Group donations were \$887.84. Our literature order was \$732.42. Our current balance is \$17,060. We are over our monthly budget so we are able to send monies to the Region which is approximately \$932.00. Based on a copied statement from the bank, checks cleared as follows: Verizon \$3.75; Public Storage \$90.00; Secretary \$70.00; NAWS \$732.42; H&I \$15.00; Policy \$15.00; Rent \$75.00 This month's bank balance \$7,060.16 . **"Home Group Area Donations for the month of July 2015:** Recovery Group \$350.00; Living the Program \$27.00; Serenity Group \$39.17; Living Life on Life's Terms \$12.00; Fresh Starts for Open Hearts \$50.00; Running on Faith \$7.85; How & Why \$24.00; A Gift Called Life \$74.00; A Proven Program \$60.00; 12+12=Change \$100.00; Nature of Recovery \$10.22; Never Alone \$55.58. **"Home Group Area Donations for the month of August 2015:** Nature of Recovery \$51.89; 12+12=Change \$150.00; Change I Must or Die I Will \$15.51; Serenity Group \$28.42; A Proven Program \$75.00; Recovery at Sunrise \$50.00; New Genesis \$20.00; Never Alone \$9.82; A Meeting at Lunch \$96.00; Living Life on Life Terms \$34.00; Living the Program \$21.00; Time to Surrender \$60.00; A New Approach to Life \$40.00; Total Group donations \$651.64. Secretary returned \$49.33; Literature turned in \$597.97. In Loving Service, Beverly A. /Yvonne W."*

RCM's Report: Jimmy W. was not present (unexcused absence)

VRCC's Report: No representative. No report.

Activities Report: Dave M. read report.

"Greetings Family. The Activity Sub-committee met today with 7 people in attendance and 1 new member.. We have no treasurer's report due to no event or money for two months. Our committee is in need of a new chairperson because our

current Chair no longer meets the requirements in order to serve this position. We are asking for guidance at the Area level to obtain a replacement chair. We have an event planned and flyers made to have bowling event on August 22nd from 2-5pm at Century Lanes in Hampton, VA. We are requesting \$600 to have this event. In our meeting we also discussed with Teddie about helping Public Relations with the Regional Speaker Jam on Sept. 9th. The Activities Committee will be handling all aspects of the food for this event. In addition we are requesting the storage unit key from Rodney as ours was misplaced and discussion in previous area meeting. We will meet for our mid-month meeting on August 15th, at 5pm at the Hilton Christian Church. In Loving Service, Dave M. Vice Chair."

H&I Report: Yvonne W. read written report.

"Greetings H&I is doing well. We are pleased to announce we have a member who has been approved to carry the message of hope into VRRRC for the men. We are continuing to have members apply to the various other facilities. Request for a check for \$100.00 for workshop. In Loving Service, Yvonne W."

Policy Report: Beverly read written report.

"Policy meet with 3 in attendance. 12 Traditions and Concepts were read. H&I was in attendance for Budget Review. No monies were asked for the budget review. We are asking for nominations and/or volunteer for Chair position for the Policy Sub-committee. Qualifications are in the Policy Handbook. In Loving Service, Beverly A. (acting Chair)"

Public Relations Report: Teddie A. read written report.

"8/1/15 – Meeting opened with the Serenity Prayer. 12 Tradition and 12 Concepts was read. On July 13-15, the Virginia Summer Institution Addiction Study has a three day conference and NA was invited to table for this event with appropriate information and literature. I would like to thank Burrell, Jimmy W. and Lawrence for their service at this event. This event was successful. Public Relations was invited to an event on Aug. 22nd at the YWCA Peninsula A from 11am-5pm. They are celebrating a productive school year for Youth and families at 2702 Orcutt Ave. On July 27th, Public Relations Chair received a phone call from Katy from Mathew Baptist Church to report they are interested in having a NA meeting there at that location and will call back with a date to have a PR Presentation done. In Loving Service, Ray D. In Loving Service, Teddie A."

Old Business

- **ASC Vice Chair** now taking nominations &/or volunteer
- **Alternate RCM** no volunteers &/or nominations, position remains open (Regional Committee Member)
- **VRCC** no volunteers &/or nominations, position remains open (Virginia Regional Convention Committee)
- **VRCC Alternate** no volunteers &/or nominations, position remains open
- **Treasurer** now taking volunteers &/or nominations
- **Policy Chair** now taking volunteers &/or nominations

Those interested in these positions must be present at Area meeting.

Qualifications for each position are listed in the Policy Manual/website www.peninsulaareana.org.

MOTIONS:

MOTION: 172-3 Amend RDA2 Responsibilities (BACK TO AREAS)

Mover: Public Relations Subcommittee 2nd by Jimmy W. (Peninsula RCM)

Description/Background: The RDA2 position has had the responsibility of Webservant to NAWS but the updates have not been consistent. PR is creating one spreadsheet to do phone line website and the NAWS database could receive it.

Intent: To centralize this function in the PR Subcommittee so that the process does not have to be duplicated.

Motion: to remove 8A #6 RDA2 Duties (i.e. "Holds the position of Webservant to NAWS. (135th)) and place it in the Public Relations duties for consistency.

MOTION PASSED: 12 VOTING GSR'S 5 ABSTAIN 7 APPROVE 0 OPPOSE.

MOTION: 173-5 Two Day Events – Lodging Expense Policy Change (BACK TO AREAS)

Mover: Bill M. (Vice Chair) 2nd by Maria C. (Tidewater RCM)

Description/Background: Our region has flipped the days of RSC on our spring and fall two day event. However, our policy guide does not allow for rooms on Friday to allow for those who need to travel long distances the night before.

Intent: To allow funds to be allocated for overnight accommodations for those traveling long distances.

Motion: To make the following changes to the Central Atlantic G&RO.

1. Change Section 8.8A from CARNA will provide lodging following the RSC for those required by the CARNA G&RO or those requested by the REC to attend the April or October overnight event.” To: CARNA will provide lodging for those required by the CARNA G&RO or those requested to attend the April or October overnight event.”
2. Change Section 8.8.B from “The RSC may utilize any remaining funds budgeted for lodging to furnish rooms following the RSC for GSR’s and other CARNA members interested in attending the April or October overnight event To: “The RSC may utilize any remaining funds budgeted for lodging to furnish rooms for GSR’s and other CARNA members interested in attending the April or October overnight event.

MOTION IS TABLED UNTIL FURTHER DISCUSSION/CLARIFICATION FROM RCM.

10 minute break – meeting re-opened with a moment of silence, Serenity Prayer and Roll call, quorum established.

Literature Report: Rodney read written report.

“Hi Family. The Literature on Hand at the End of last area is \$2,493.47. Literature order last month \$732.42. Back orders last month \$168.44. Literature on Hand at Start of Area is \$3,225.89. Transfers \$81.94 from H&I sub-committee. Total sales \$591.97. Total cash/check given to Treasurer from Literature is \$597.97. Total cash/check including transfers \$673.91. Literature on Hand at the End of Area is 2,551.98. Back orders at the End of Area \$91.35. Group literature information for the month of August is as follows: A Meeting at Lunch \$6.85; A Proven Program \$31.19; Change I Must or Die I Will \$22.00; End of the Road \$3.42; Honesty Group \$31.78; I Can’t We Can \$63.40; Keep Coming Back \$1.85; Living Life on Life’s Terms \$22.73; Living the Program \$9.63; Nature of Recovery \$130.00; Never Alone \$52.53; New Genesis Group \$44.57; No More Excuses \$45.42; Saturday Night Live \$6.26; Serenity Group \$7.70; Surrender to Live \$5.67; Dave M. \$5.35; Saturday Night Alternative (check) \$101.97. Total sales \$591.97. New publications: IP#29 Introduction to NA Meetings (\$.24/.22) and Just For Today Daily Meditation Desk Calendars \$11.75, and new laser-engraved (gray with black lettering) medallion \$12.50. The Literature Chair is asking for home groups to turn in their orders by 4:30-5:00pm in order to be able to provide a report to Area in a timely manner. In Loving Service, Rodney”

New Business

MOTIONS

2015-8-1 MOTION WAS REMOVED BY MAKER

2015-8-2 MAKER: DAVE M. (ACTIVITIES SUB-COMMITTEE) SECONDED: NONE NEEDED

Motion: To be issued a check in the amount of \$600.00 for the August event Bowling Event.

Intent: To show the newcomer that we can have fun in Recovery; To promote unity within the Area.

Discussion:

PROS:

CONS:

12 VOTING GSR’S MOTION PASSED by ACCLAMATION

2015-8-3 MAKER: ALETHEA L. (SAT. NIGHT ALT.) SECONDED: THAYNE F. (LIVING LIFE ON LIFE TERMS)

Motion: To add duties of ASC Chairperson to receive email copies of monthly bank statement.

Intent: To make present copy of bank transactions in the event ASC is without a Treasurer/Vice Treasurer.

Discussion: We will not be charged if Chair receives an email copy of bank statement. This change would need to be taken to Policy for review and discussion. This may also alter on next person who becomes Chair or Vice Chair of Area. Each position can have a different email address each time, would this be tolerable with bank.

PROS:

CONS:

MOTION IS GIVEN TO POLICY FOR REVIEW/DISCUSSION.

Per Chair, Beverly A. has appointed Dave M. as Pro Temp Chair of Activities Sub-committee. Dave M. does meet all the requirements/qualifications in this position.

Literature Chair, Rodney made a copy of key for the storage facility. Cost was \$1.20. He purchased a cartledge for the printer was cost \$14.00. A copy of any back orders for any home group will be placed in bag with order.

Home Group Reports:

Note from PASCNA Secretary: All Area minutes are located on website for review. The website is www.peninsulaareana.org.

HOME GROUPS NEED TO UPDATE ANY AND ALL INFORMATION ON NA.ORG WEBSITE.

Time to Surrender: *"We continue to carry the message to the suffering addicts. Our donation this month is \$60.00 In Loving Service, Eddie H."*

A New Approach o Life: *"We continue to carry the message to recovering addicts. Our donation this month is \$40.00. In Loving Service, Josh."*

New Genesis: *"This home group could use support. We donate \$20.00. In Loving Service, Ashli H."*

12+12=Change: *"Our meeting is doing well. Our weekly attendance remains strong. We have not literature order this month. We are donating \$150.00 to Area. No celebrations this month. We read a section out of the Living Clean, The Journey Continues book. Due to our large number of newcomers that come from treatment, we now hold every 3rd Thursday a Newcomer's Meeting where we do an IP or something for the newcomer. It is going very well. Thank you for allowing me to serve. In Loving Service, Bethany M."*

Never Alone: *"Neve Alone is going strong. We have two celebrations this month. Jerry T. celebrates 2 years on August 29th and Melissa O. celebrates 1 year on August 8th. We have made a literature purchase of \$52.53 and an area donation of \$9.82. In Loving Service, Jimmy H."*

A Meeting at Lunch: *"Meeting is going well and we have two celebrations in August. Kyt one year and Larry J. 3 years. We had a literature order of \$6.85 and we donated to Area \$96.00 to PASCNA. In Loving Service, Roderick J."*

Saturday Night Alternative: *"Saturday Night Alternative is doing well. We continue to carry the message of NA as we have for almost 23 years. This month of August is full of recovery celebrations. They are as follows: Aug 1st, Reggie4, 6 years, Aug. 8th, Error, 21 years, Aug. 15th, Zack, 8 years, Aug. 22nd, Kelly 23 years, Aug. 29th, James, 26 years. Our literature order today totals of \$101.97 and there is not area donation today. In Loving Service, Alethea L."*

Meeting closed with Serenity Prayer and Clean Up. **PLEASE ASSIST WITH CLEAN UP UPON CLOSE OF AREA MEETING**

PASCNA AGENDA

September 5, 2015

Open Meeting

Call to order Beverly A.

Meeting Opened:

Serenity Prayer All

Reading of the 12 Traditions:

Reading of the 12 Concepts:

Roll Call to Establish Quorum:

General Information: Beverly A.

Cell phones turned off/vibrate; please respect the meeting by not texting during business meeting; turn in donations to Treasurer (please do not give more than \$1 change to Treasurer); and home group reports to Secretary (GSR's and Chairpersons, please try to write as clearly as possible and remember to put reports on full size sheet of paper with your signature); the literature chair cannot accept personal checks on behalf of home group purchases; please clean up after yourself. Please update the meeting list and GSR mailing roster and return back up front. ****PLEASE ASSIST WITH CLEAN UP UPON CLOSE OF AREA MEETING****
PLEASE REMEMBER TO PICK UP YOUR LITERATURE ORDER AT THE END OF AREA MEETING.

Welcome New GSRs:

Review and Approve August 1, 2015 Minutes

ASC Reports

ASC Treasurer's Report

RCM Report

Subcommittee Chairperson's Reports

Activities

H&I

Policy

Public Relations

Literature

PASCNA Web Master

Old Business

- **ASC Vice Chair** now taking nominations &/or volunteer
- **Alternate RCM** no volunteers &/or nominations, position remains open (Regional Committee Member)
- **VRCC** no volunteers &/or nominations, position remains open (Virginia Regional Convention Committee)
- **VRCC Alternate** no volunteers &/or nominations, position remains open
- **Treasurer** now taking volunteers &/or nominations
- **Vice-Treasurer** now taking volunteers &/or nominations
- **Policy Chair** now taking volunteers &/or nominations

Those interested in these positions must be present at Area meeting.

*** NOTE to all Home groups: Please announce at group conscience as well during announcement time of home group meetings the open positions. Qualifications for each position are listed in the Policy Manual/website www.peninsulaareana.org.**

MOTIONS

MOTION: 173-5 Two Day Events – Lodging Expense Policy Change (BACK TO AREAS)

Mover: Bill M. (Vice Chair) 2nd by Maria C. (Tidewater RCM)

Description/Background: Our region has flipped the days of RSC on our spring and fall two day event. However, our policy guide does not allow for rooms on Friday to allow for those who need to travel long distances the night before.

Intent: To allow funds to be allocated for overnight accommodations for those traveling long distances.

Motion: To make the following changes to the Central Atlantic G&RO.

- 1. Change Section 8.8A from CARNA will provide lodging following the RSC for those required by the CARNA G&RO or those requested by the REC to attend the April or October overnight event.” To: CARNA will provide lodging for those required by the CARNA G&RO or those requested to attend the April or October overnight event.”**
- 2. Change Section 8.8.B from “The RSC may utilize any remaining funds budgeted for lodging to furnish rooms following the RSC for GSR’s and other CARNA members interested in attending the April or October overnight event To: “The RSC may utilize any remaining funds budgeted for lodging to furnish rooms for GSR’s and other CARNA members interested in attending the April or October overnight event.**

MOTION IS TABLED UNTIL FURTHER DISCUSSION/CLARIFICATION FROM RCM.

NEW BUSINESS

Home Group Reports/Announcements

Close Meeting with Serenity Prayer and Clean Up - **PLEASE ASSIST WITH CLEAN UP UPON CLOSE OF AREA MEETING**