

# PASCNA MINUTES

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March 7, 2015

**Meeting Opened:** 4:00 pm  
**Meeting Called to Order:** Beverly A., Chair  
**Serenity Prayer:** All  
**Reading of the 12 Traditions:** Audra (Policy)  
**Reading of the 12 Concepts:** Yvonne (H&I)  
**Roll Call to Establish Quorum:** 18 in attendance (quorum established)  
**General Information:** Beverly A.

Cell phones turned off/vibrate; please respect the meeting by not texting during business meeting; turn in donations to Treasurer (please do not give more than \$1 change to Treasurer); and home group reports to Secretary (GSR's and Chairpersons, please try to write as clearly as possible and remember to put reports on full size sheet of paper with your signature); the literature chair cannot accept personal checks on behalf of home group purchases; please clean up after yourself. Please update the meeting list and GSR mailing roster and return back up front. **\*\*PLEASE ASSIST WITH CLEAN UP UPON CLOSE OF AREA MEETING\*\***

**Welcome New GSRs:** ***New meeting: A New Approach to Life,(O), Saturday, 7:30 pm, Northampton Presbyterian Church, 1217 Todd's Lane, Newport News, (behind the firehouse).***

## **Review and Approval of February 7, 2015 Minutes:**

*"The February 7<sup>th</sup>. Minutes was reviewed. Motion was made by Tee (How & Why) and seconded by Jimmy W. (RCM) for approval as written. The minutes were approved by Acclamation. **MINUTES APPROVED: by Acclamation (unanimous vote)***

## **ASC Treasurer's Report:** Diane read written report.

*"Hard copies presented at Area were PASCNA Monthly Budget Report for February, 2015, Group/Area Contribution Record Form, Old Point Bank Statement and copy of checks cleared. Group donations: \$874.80. Literature income: \$1,470.82. Miscellaneous Income \$462.71 totaling deposit of \$2,810.38. Checks Written/Expenses: Verizon Yellow Pages \$3.65, Public Storage \$78.00, Rent \$75.00, ASC Secretary \$70.00, ASC Treasurer \$50.00, Literature NAWS \$1,482.40, G&L Printing (meeting list) \$349.20, Treasurer \$3.37, Literature chair \$23.35, ?? \$21.89, total expenses/checks written \$1,966.13. Last month's balance is \$4,928.93. This month's bank balance \$5,773.13. **New Post Office Box is 16009, Newport News, VA 23608.***

**Note: Money Counter has been ordered. This approved by ASC.**

**Home Group Area Donations for the month of February 2015:** Serenity \$2.25; Hugs Not Drugs \$67.00; No More Excuses \$44.29; Nature of Recovery \$60.00; Living Life on Life's Terms \$48.00; 12+12=Change \$70.00; New Genesis \$25.00; A Proven Program \$45.03; Change I Must or Die I Will \$25.00; Change We Must \$6.00; Young, Clean and Living \$50.00; Time to Surrender \$60.00; Hearts of Hope II \$20.00; The Lie is Dead \$40.00; A Meeting at Lunch \$182.00; In Step \$30.00; Hope \$34.00; Never Alone \$25.23; Living the Program \$40.00, Activities returned \$422.92 and Secretary returned \$39.79 totaling \$1,337.11 + Literature \$1,470.82 total deposit \$2,810.38. In Loving Service, Diane S.

**Home Group Area Donations for the month of March 2015:** A Proven Program \$40.00; Living Life on Life's Terms \$115.00; How & Why \$105.00; Serenity \$49.00; A Meeting at Lunch \$37.40; Women in Recovery \$150.00; Nature of Recovery \$14.46; In Step \$30.00; Fresh Starts for Open Hearts \$50.00; No More Excuses \$15.46; 12+12=Change \$100.00; Never Alone \$81.49; Running on Faith \$30.00 Return from Secretary \$43.70; Return from Treasurer \$18.70; Literature income \$773.35. total Deposit \$1,653.03. In Loving Service, Diane S."

## **RCM's Report:** Jimmy W. read report.

*There was no RSC meeting in February due to inclement weather. The GSR Assembly will be held on April 18, 2015, at 248 Williams Street, Cumberland, MD, 21501. (6 hour drive) Also if any home groups have something for the RSC meeting Open Forum, please let me know at the next Area meeting, so I can take it to Region for discussion. There is also a Region Subcommittee meeting on March 21<sup>st</sup>, 6144 State Road, 1085, Dublin, VA at 11am. In Loving Service, Jimmy W."*

**Note: Region has opening for RD-3 Regional delegate for World Service, it is 6 year commitment. Please refer to the website: [www.carna.org](http://www.carna.org).**

## **VRCC's Report:** No representative. No report.

### **Activities Report:** Drew read a written report.

"The Activities Sub-committee met today at 2pm with 9 members in attendance. Dave M. was elected as Vice Chair. Bethanny is now our secretary. The February event was a success. We had 106 people in attendance with NA members and Farley Center residents. \$89.74 was spent on refreshments. We did not obtain a check last month so we will be submitting a motion for these funds to be reimbursed to Jeff H. who paid the expenses out of pocket. We will not be holding an event in March. We will instead be supporting Public Relations with their Learning Day/Dance fundraiser event. Public Relations have requested \$400 from the Activities budget in order to fund this event. We are working on a roller skating event for April, date and time will be revealed. Today we will be obtaining \$75.00 from our budget for the deposit on the skating rink. Tentative monies requested by Public Relations are as follows: \$150.00 deposit, \$30.00 rent, \$135 refreshments, \$85 for DJ. Our next meeting will be Saturday, March 21<sup>st</sup>, at Hilton Christian Church at 5pm. In Loving Service, Drew L."

### **H&I Report:** Yvonne W. read written report.

"Greetings. All is well with H&I. We have a new Vice Chair, Sammy T. along with a new Literature Manager, Ronnie E. The subcommittee presently has 19 active Panel members. We are having our 1<sup>st</sup> Quarterly Workshop tomorrow, March 9<sup>th</sup> at 2pm. Our regular Business meeting will begin at 3pm. Notified Lawrence (Public Relations) of the event and he stated a member of that subcommittee would be in attendance. Turning in 2 receipts for copies of H&I minutes \$4.27 and \$2.12 for a total of \$6.39. Requesting a check for the Rent payment for the quarter in the amount of \$15.00 to the Riverside Behavioral Center. I will be attending and speaking on H&I for the Public Relations event on March 28<sup>th</sup>. In Loving Service, Yvonne W."

**Note: There is no longer a commitment at City Farm.**

### **Policy Report:** Audra N. read report.

"My name is Audra and I am an addict. The Policy Sub-committee for February 8<sup>th</sup> opened with the Serenity Prayer. 12 Traditions was read by Beverly A. 12 Concepts was read by Diane S. **Old Business/Update Reports:** 1. Guidelines for Budget Review and Annual Budget are still a work in progress. 2. A suggestion by the Activities Subcommittee, in regards to Budget reviews, was presented during the Annual Budget Review. The suggestion was to present an itemized spread sheet with receipt copies and attached to the spread sheet. This will be voted on at next Policy meeting. **New Business:** 1. Policy motion to add the Webmaster to Calendar of Elections. 2. Policy motion to change the wording of Line D of the duties of the Webmaster from subcommittee to ASC. 3. Motion 2015-1-2, Motion maker, Paula M. was discussed and was determined to be ruled out of order. Activities Subcommittee can if they chose can have an event every month. Meeting closed meeting with Serenity Prayer and Clean Up. In Loving Service, Audra N."

### **Public Relations Report:** Lawrence out sick (excused). Ray D. read written report for Denise K., Vice Chair.

"3/7/15 - Meeting opened at 2:30pm with the Serenity Prayer. Attendees: Denise, Teddie, Burrell, Ray D., Beverly ad Paula. Lawrence was not able to attend, excused absence. 12 Traditions read by Paula M. and 12 Concepts was read by Burrell. Minutes was read by and approved by those attendees of meeting. Lawrence's written report for meeting Old Business: Discussion of Learning Day/Dance Fundraiser. The website is up and running now. The address is [www.peninsulaareana.org](http://www.peninsulaareana.org). Teddie has expressed a desire to serve as webmaster. The committee has decided to use the reminder of the 1,000 sheets to print the April-May meeting list. Committee is waiting for St. Mark's Episcopal Church to contact us regarding a presentation. More to be revealed. New Business: Committee would like to nominate Teddie as Webmaster. The committee would like to request from Activite4s budget of \$400 to cover the cost of deposit/rental of building, refreshments, DJ and miscellaneous. A master copy of the meeting list will be passed out to Area today for any updates needed for the new meeting list. Further discussion will be needed for Agenda and flyers. Report from Denise: We will be having a Learning Day/Dance on 3/28/15 at First Presbyterian Church. Flyers were provided for those GSR's in attendance. This committee would like to nominate Teddie A. for the trusted position of Webmaster. The Public Relations committee will be discussing further details of the Learning Day on Wednesday, 3/11/15 at 5pm, 10 Matoaka Lane. Meeting closed with Serenity Prayer. Denise K. is requesting reimbursement of \$10.34 for copies of the flyers. Receipt is attached. In Loving Service, Denise K., Vice Chair.

**Note: Admission to dance is a suggested donation of \$5.00. Hot Dogs/Water/Soda/Snacks/Brownie for sale at dance.**

### **Literature Report:** Keith read written report.

"Hi Family. The Literature on Hand at the End of last area is \$266.84. Literature order last month \$1,482.10. Back orders last month \$289.84. Literature on Hand at Start of Area \$1,748.94 + \$568.76 (literature that did not show up on time) = \$2,317.77. No transfers, money orders/checks. Total sales \$762.7. Total cash given to Treasurer \$768.35. Literature on Hand at the End of Area \$1,554.26. Back orders at the End of Area \$197.00.

Literature amounts from home groups for the month of February are as follows: A Meeting at Lunch \$110.60; Change I Must or Die I Will \$89.93; High Noon \$14.76; Hugs Not Drugs \$2.25; In Step \$48.23; Let's Recover Together \$46.38; Nature of Recovery \$198.54; Never Alone \$26.71; No More Excuses \$6.85; Saturday Night Alternative \$32.85; Serenity Group \$28 80 Trust the Process \$73.60; Better by the Bay \$74.15. Total sales \$762.74.

**New publications: IP#29 Introduction to NA Meetings (\$24/.22) and Just For Today Daily Meditation Desk Calendars \$11.75, and new laser-engraved (gray with black lettering) medallion \$12.50.**

*Keith is reminding all home groups that it is policy for all literature orders are to be picked up at the end of Area. The Literature Chair is asking for home groups to turn in their orders by 4:30-5:00pm in order to be able to provide a report to Area in a timely manner. At this time Keith B. will not be able to continue Chair for literature, starting school. In Loving Service, Keith B."*

## **Treasury Audit Report:** Paula M. read written report.

*"Hi Family. The Treasury Audit (Ad Hoc) Subcommittee met on Sunday, February 8<sup>th</sup> at noon. 12 Concepts and 12 Traditions were read. At this time, Paula M. will serve as Pro-temp Chair for this subcommittee until audit is complete. We are in the process of submitting the guidelines of an Area audit. A form was submitted to be sued for the Audit along with a large envelope containing receipts. We are asking assistance from all who can to come and attend. Please announce to your home group that this committee needs trusted servants to help with audit. The next scheduled meeting will be Sunday, March 8<sup>th</sup> at noon at the Riverside Behavioral Center, same conference room where Policy meets. In Loving Service, Paula M."*

## **Old Business**

- **ASC Vice Chair** now taking nominations &/or volunteer
- **Alternate RCM** no volunteers &/or nominations, position remains open (Regional Committee Member)
- **VRCC** no volunteers &/or nominations, position remains open (Virginia Regional Convention Committee )
- **VRCC Alternate** no volunteers &/or nominations, position remains open
- **Public Relations Chair** now taking nominations &/or volunteer
- **ASC Literature** no volunteers &/or nominations, position remains open
- **Policy Chair** now taking volunteers &/or nominations
- **PASCNA Webmaster** Teddie A. was nominated for this position; voting to take place May 2015.
- **Note: Based on Calendar of Elections, Yvonne W was re-nominated for the H&I Chair position. Per Chair, it is ok to go ahead and vote. 17 Voting GSR's: 1 Abstain 16 Approve. Congratulation Yvonne!**  
**Those interested in these positions must be present at Area meeting.**

**\*\* NOTE to all Home groups, there is a great importance to receive full support for the remainder open positions. \*\***

**Please announce at group conscience as well during announcement time of home group meetings the open positions. Qualifications for each position are listed in the Policy Manual and on our Area website [www.peninsulaareana.org](http://www.peninsulaareana.org).**

## **New Business**

### **MOTIONS**

**2015-3-1 MAKER: AUDRA N. (POLICY) SECONDED: NONE NEEDED**

**Motion:** To change the wording of Line D of the duties of the Webmaster from Subcommittee to ASC.

**Intent:** To make the Webmaster accountable to the ASC.

**Discussion:**

**PROS:**

**CONS:**

**PER CHAIR, NO NEED TO VOTE. MOTION GOES TO POLICY TO CHANGE IN POLICY MANUAL.**

**2015-3-2 MAKER: AUDRA N. (POLICY) SECONDED: NONE NEEDED**

**Motion:** To add Webmaster to the Calendar of Elections.

**Intent:** To maintain election terms for trusted service position.

**Discussion:**

**PROS:**

**CONS:**

**PER CHAIR, NO NEED TO VOTE. MOTION GOES TO POLICY TO CHANGE IN POLICY MANUAL.**

**2015-3-3 MAKER: DREW L. (ACTIVITIES) SECONDED: NONE NEEDED**

**Motion:** To host a roller skating event at Plaza Roller Rink in Hampton for the month of April.

**Intent:** To promote unity and provide an opportunity for good clean fun and fellowship in the Area.

**Discussion:**

**PROS:** 1. Bring unity to the fellowship. 2. Suggestion Box requested repeatedly.

**CONS:**

**MOTION PASSED: 17 voting GSR's. 0 Abstain, unanimous vote.**

**Home Group Reports:** Note from PASCNA Secretary: All Area minutes are located on website for review. The website is [www.peninsulaareana.org](http://www.peninsulaareana.org). **HOME GROUPS NEED TO UPDATE ANY AND ALL INFORMATION ON NA.ORG WEBSITE.**

**A New Approach to Life:** "Please come out and support our new meeting. It is an Open meeting. We meet on Saturdays, 7:30 pm, at Northampton Presbyterian Church, 1217 Todd's Lane, Newport News, c: Josh S. 57-284-9367/GSR Brian M. 757-951-3408. Literature order \$7.22. We are doing well and still carrying the message to the addict who still suffers. There is no donation to Area this month as we just started."

**Nature of Recovery:** "Greetings Family on this wonderful journey of recovery. Nature of Recovery is alive and still carrying the message of recovery to the still suffering addict. We meet every Sunday, 8pm at the Williamsburg Place. Our literature order this month is \$198.54 and Area donation is \$14.46. We have one celebration in April, Ron L., 13 years on 4/7 and one in May, James, 6 years on 5/3. In Loving Service Ron L."

**Living Life on Life Terms:** "Hi Family! Our home group continues to carry the message to the still suffering addict. We have no upcoming celebrations. Our Area donation is \$115.00. In Loving Service, Thayne F."

**Hearts of Hope II:** "The Hearts of Hope II home group is doing well and carrying the message to the addict who still suffers. No donation to Area this month. In Loving Service, Josh S."

**Time to Surrender:** "Time to Surrender continues to carry the message of NA to the suffering addict. There is no donation to Area this month. In Loving Service, Eddie H."

**The Lie is Dead:** "The Lie is Dead home group is doing well. We are carrying the message to all addicts, the ones who still suffer and also the one's who want help. There is no donation to Area this month. In Loving Service, Kim S."

**Trust the Process:** "Trust the Process is still carrying the meeting five days a week, Mon-Fri, 9:30-11:00am. We welcome newcomers, relapsers, and old timers. Feel free to come and receive some experience, strength and hope. We have 2 celebrations this month, Charley, 2 years and Clarice, 9 years on 3/20. Our literature order was \$73.60 and we have no donations to Area this month. In Loving Service, Clarice B."

**12 + 12 = Change:** "Our home group lost a few members but we continue to prosper and carry the message to more than 60 addicts every week. We can, however always use support, especially with set up and cleanup. Our donation to PASCNA this month is \$100.00. In Loving Service, Jeff M."

**A Meeting at Lunch:** "A Meeting at Lunch continues to do well with attendance. We meet Mon-Fri, 12 noon with rotating formats and topics. The message continues to be directed to all addicts who attend. We donated \$37.40 to Area and Literature order of \$110.60. Cathy W. celebrates one year on 3/25. In Loving Service, Roderick."

**Surrender to Live:** "Greetings!! Surrender to Live home group of NA continues to carry the message of recovery and grow. We have several celebrations in the month of March. Vernon R., 15 years on 3/1, Tony, 4 years, on 3/8, Willie, 18 years, 3/15, and Georgia G., 8 years, on 3/22. We have no literature order or area donation for this month. In Loving Service, Rodney F."

**Women in Recovery:** "Women in Recovery is a new home group 5 months in. We continue to carry the message and show that women do recover! We have a steady attendance with hopes to grow, though we still need support. We now have 4 home group members. We were able to make our first donation to Area of \$150.00. Thanks for allowing me to serve. In Loving Service, Bethany M."

**Fresh Starts for Open Hearts:** "Our group is continuing to do well. We have recently voted in new trusted servants to carry their positions for a year. We are averaging about 15-20 people each week, and continue to have our newcomer meetings on the first and fourth Thursdays of each month. Our group donated \$50.00 to Area for the month of March. In Loving Service, Hannah T."

**No More Excuses:** "No More Excuses is still carrying the message of recovery on Saturday mornings at 10am. We have a literature order of \$6.85 and donation to Area of \$15.46. 2 celebrations coming up, Tracey B., 14 years on 3/14 and Kenny T., 6 years on 3/28. All are welcome. In Loving Service, Tracey B."

**Never Alone:** "Hello Family. All is well at Never Alone. We are still going strong. We have no celebrations this month. No major announcements. We have placed a literature order of \$26.71 and an area donation of \$81.49. In Loving Service, Jimmy H."

**A Proven Program:** "Area donation \$40.00. Literature order \$110.00, GSR present no written report."

**Change I Must or Die I Will:** "Literature order \$5.67; no GSR present"

**Faith:** "Literature order \$89.93; no GSR present"

**High Noon:** "Literature order \$14.76; no GSR present"

**Hugs not Drugs:** "Literature order \$2.25; GRS present, no written report."

**In Step:** "Literature order \$48.23, Area donation \$30.00; GSR present, no written report."

**Let's Recover Together:** "Literature order \$46.38; GSR present, no written report."

**Saturday Night Alternative:** "Literature order \$32.85; GSR present, no written report."

**Serenity:** "Literature order \$28.80, Area donation \$49.00; no GSR present."

**Mark B./Saturday Night Live:** "Literature order \$3.42."

**How & Why:** "Area donation \$105.00; GSR present, no written report."

**Running on Faith:** "Area donation \$30.00; no GSR present."

**Change We Must:** "GSR present, no written report."

**Hope:** "GSR present, no written report."

**Meeting closed with Serenity Prayer and Clean Up.** \*\*PLEASE ASSIST WITH CLEAN UP UPON CLOSE OF AREA MEETING\*\*

# PASCNA AGENDA

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April 4, 2015

## **Open Meeting**

**Call to order** Beverly A.

**Meeting Opened:**

**Serenity Prayer** All

**Reading of the 12 Traditions:**

**Reading of the 12 Concepts:**

**Roll Call to Establish Quorum:**

**General Information:** Beverly A.

Cell phones turned off/vibrate; please respect the meeting by not texting during business meeting; turn in donations to Treasurer (please do not give more than \$1 change to Treasurer); and home group reports to Secretary (GSR's and Chairpersons, please try to write as clearly as possible and remember to put reports on full size sheet of paper with your signature); the literature chair cannot accept personal checks on behalf of home group purchases; please clean up after yourself. Please update the meeting list and GSR mailing roster and return back up front. **\*\*PLEASE ASSIST WITH CLEAN UP UPON CLOSE OF AREA MEETING\*\***

## **Welcome New GSRs:**

## **Review and Approve March 7, 2015 Minutes**

## **ASC Reports**

ASC Treasurer's Report

RCM Report

## **Subcommittee Chairperson's Reports**

Activities

H&I

Policy

Public Relations

Treasury Audit Ad Hoc

Literature

## **Old Business**

- **ASC Vice Chair** now taking nominations &/or volunteer
- **Alternate RCM** no volunteers &/or nominations, position remains open (Regional Committee Member)
- **VRCC** no volunteers &/or nominations, position remains open (Virginia Regional Convention Committee)
- **VRCC Alternate** no volunteers &/or nominations, position remains open
- **Public Relations Chair** now taking nominations &/or volunteer
- **ASC Literature** no volunteers &/or nominations, position remains open
- **Policy Chair** now taking volunteers &/or nominations
- **PASCNA Webmaster** **Teddie A. was nominated for this position; voting to take place May 2015.**

***Those interested in these positions must be present at Area meeting.***

## **NEW BUSINESS**

**2015-4-1 MAKER: YVONNE W. (H&I CHAIR) SECONDED: NONE NEEDED**

**Motion:** H&I is to meet the 1<sup>st</sup> Sunday after Area.

**Intent:** To coincide with Area, to get literature and any monies for workshops, rent, and any other business to continue to carry the message of hope.

**Discussion:**

**PROS:**

**CONS:**

## **Home Group Reports/Announcements**

**Close Meeting with Serenity Prayer and Clean Up** - **\*\*PLEASE ASSIST WITH CLEAN UP UPON CLOSE OF AREA MEETING\*\***