

PASCNA MINUTES

September 07, 2019

Open Meeting:

Meeting Opened: 3:00 PM

Serenity Prayer: ALL

Reading of the 12 Traditions: Darlene

Reading of the 12 Concepts: Tracy B.

Roll Call to Establish Quorum: _____ 17 GSRs

General Information:

Please turn cell phones off/vibrate; we also ask that you please respect the business meeting by not texting; if you need to have a side conversation, please leave the room; turn in donations to Treasurer (please do not give more than \$1 change); home group reports may be read during open forum then turned into the Secretary (GSR's and Subcommittee Chairpersons, please try to write as clearly as possible and remember to put reports on full size sheet of paper with your signature); the literature chair cannot accept personal checks on behalf of home group purchases. Please update the meeting list and/or GSR mailing roster as needed--if you are a new GSR please put your contact information Please clean up after yourself--we should leave the church better than we found it.

Some announcements at the request of the church (applies to ALL groups that meet at the church):

- Smoking needs to be limited to the area by the receptacle and away from the entrance. Each group is responsible for cleaning up the butts after meeting
- No firearms (concealed or not) This is a GUN FREE ZONE
- No loitering after the meeting in the parking lot
- Don't park in the middle of the parking lot or block cars in, may impede emergency vehicles if needed
- Children are to be supervised at all times
- There is NOT a public restroom---if random people wander in, we are to ask them to leave (use common sense)
- If there are any changes to the group's contact person, the church needs to be notified
- There will be periodic MANDATORY meetings with the church for ALL groups that use the facility

Welcome New GSRs: None

Review and Approve last month's Minutes:

Motion to approve minutes: John- A Proven Program Seconded: Robin A- Change we must

Vote: **Passed** / Passed with Corrections / Failed 15-Yes; 1 Abs; 0 No's

ASC REPORTS

ASC Treasurer's Report-

RCM Report- vacant

VRCC Report-vacant

SUBCOMMITTEE REPORTS

Activities – Activities met with 5 attending. We talked about the upcoming dance on Oct. 19, 8-11pm. Flyers are available today. A bowling day in December. Activities needs support to put on these events. We are turning in \$299.85. ILS, Sarah A.

H&I- H&I business meeting was not held last month (August) because we did not meet quorum. H&I has commitments that are not being carried and we need support. ILS, Iney W.

Area Inventory-

Public Relations/Webmaster- Darlene, Mike, Ralph, Burrell, Tracy attended. Need volunteers for Sept 12th, 400 Medical Drive, 11:30-2 pm. Table 9/14 Mary Immaculate 10-2pm. Pending Oct 8 United Way School event, Newport News, Oct 22nd, Hampton School. Going to ask for \$233.92 today for meeting list and \$250.00 for learning day Nov. 9th, 11-4. ILS, Ray D.

Literature- See attachments. Literature needs assistance.

OLD BUSINESS

POSITIONS

- **RCM:** no volunteers &/or nominations, position remains open
- **Alternate RCM:** no volunteers &/or nominations, position remains open
- **VRCC Alternate:** no volunteers &/or nominations, position remains open
- **VRCC:** position open as of end of business PASCNA April meeting
- Secretary:** Open as of September area, Robin A. has volunteered

Motion: 2019-07-05 PASSED 7-Yes; 5-No; 5 Abs

Motion Maker: Area Inventory Subcommittee, 2nd: none needed

Motion: Revise section 3-B elections- send all nominees to home groups. Currently elections are conducted by sending qualified nominees to home groups during the 2 month notice of vacancy period. We then fill vacant positions after the 2 month period by vote at the ASC. There is no policy language on sending nominees to home groups or filling vacancies at the ASC.

Sec 3 B 4.-4-question nominee 5. Close questioning. (All discussion ends) 6. Ask nominees to leave the room. 7. Count GSR's that are present. 8. Vote on nominee.

Motion: Revise Sec 3B to "After 3 B 5 (close questioning) 6 shall become "All nominees will be sent to home groups for a vote."

Motion: 2019-07-06 Motion Amended- see attachment PASSED 11-Yes; 3-No; 3 Abs

Motion Maker: Area Inventory Subcommittee, 2nd: none needed

Motion- "to revise section 3 B. 1 to 'read qualifications and duties of the position. After nominee is first qualified, the duties will be read.'"

Revise Section 3- Trusted servants B- Elections- Add read duties to policy

Current policy sec 3- trusted servants B-elections (1) (pg.10) states "read qualifications of the position." Reading the duties of the position is absent.

Motion: 2019-07-07 PASSED 12-Yes; 0-No; 5 Abs.

Motion Maker: Area Inventory Subcommittee, 2nd: none needed

Motion: Remove all the "left blank" pages from the current PASCNA Handbook.

Intent: Reduce the size, cost of the handbook. (Con noted, may not reduce the cost of bulk copies)

Motion: 2019-07-08 PASSED 12-Yes; 2-No; 3-Abs.

Motion Maker: Area Inventory Subcommittee, 2nd: none needed

Motion: To increase the Area Inventory Subcommittee budget cap to \$50.

Intent: Current bid for 20 copies of 44 pages three holes PASCNA handbook is \$48.

NEW BUSINESS

Motion: 2019-09-01 **Withdrawn**

Motion Maker: Area Inventory

Motion: Amend Policy for Hospitals and Institutions workshop budget. Change from current \$60 quarterly which includes food to \$30 quarterly which includes food.

Motion: 2019-09-02 ** TABLED until Ernie (H&I chair) is at area next month**

Motion Maker: Area Inventory

Motion: Amend number of meeting lists given to hospitals and institutions from 1,000 to 500.

Intent: From their own report they no longer need 1,000 meeting lists for the number of commitments.

Motion: 2019-09-03

Motion Maker: Area Inventory

Motion: Amend policy for Area Literature Inventory. Suggest that the literature committee maintain an inventory of five guides to local service and five peninsula area service committee of narcotics anonymous handbooks.

Intent: Any group service representative, subcommittee chairperson or area trusted servant may purchase them outright. Will foster greater understanding of proceedings at area service. Funds would come from miscellaneous funds.

Discussion: Question was raised is there a current policy on this already?

Cons: - Seems like a waste of resources

- From my understanding, literature doesn't keep an inventory. Why do we need it? If someone needs it, they can order it.
- I'm literature chair. I have inventory of stuff that was in the storage locker. The system we have works, why should we change a working system.

Pros: It's good to have the guide to local service at literature, to have them on-hand, then new gsr's can just get them instead of waiting.

@5:22PM No quorum to continue business.

****2 Motions will be carried over to October due to no quorum****

Motion to close, John, seconded by Robin A.

Open Forum (30 minutes):

Group Reports:

High Noon: Thank God we were able to pay our rent again this month. We have a literature purchase of 0, and a donation to area of \$15.00. We would like to thank everyone who has been attending our meeting regularly supporting our efforts to carry the message of recovery to the still suffering addict. We have room and need more support please come out and join us Monday through Friday 12-1:30pm. We have a very diverse format that jumps off every week at high noon. We use all of the NA literature throughout the week. Come out and experience our diversity, all our welcome. See you soon at High Noon, In Loving Service, Ameen, GSR, Ralph W. Alternate.

Write to Recover: Good Afternoon family, Write to Recover continues to meet on Sundays from 3:00 to 4:15pm at Mary Immaculate Hospital. Attendance is small but steady. We could use support. Area donation this month is \$5.00; we spent \$3.81 on literature. ILS, Craig W.

No More Excuses: No More excuses homegroup is doing well. We meet Saturday mornings from 10-11:30. Two celebrations for this month. Tamika 1 yr, and Kyon 8 yrs. Please come out support if possible. Area donation \$3.00 with a literature order of \$125.00. ILS, William K.

Surrender to Live: Home group doing well, still have 40-50 members present. We had a literature order \$128.58 and donation of \$36.42. Kerry R. celebrates 6 years tomorrow at 9:30 am. Come out and help her celebrate life. ILS, Linda M. GSR

Change we must: No celebrations this month. We still need fellowship support on Friday night at 6:30pm. The life saving message is still being carried.

We can change: We continue to carry the message and welcome newcomers. Attendance is good. Donations are fair. No lit order. Area donation \$25.00. ILS, Roger R.

Surrender for Serenity: Will continue to carry the message of NA. Surrender for serenity is a new meeting. No donation this month. Surrender for Serenity, 3217 Commander Shepherd Blvd, Hampton, VA. GSR, Eddie H. alternate, Bill.

Nature of Recovery: Hi Family, Attendance is between 55 and 75. We have a varied format, open discussion, text study, speaker meeting, steps and tradition study. Sheila W. will celebrate 21 years Sept. 15th. Literature \$91.29, Donation \$2.71, Total \$94.00. ILS, Nature of Recovery

A Gift Called Life: We are doing well. Average attendance 10-20 people. No literature order this month. No donation this month. Badrunnisa celebrates 1 year 10/28. ILS, Darlene T.

Close Meeting

Please help put chairs away and clean up.

from September area

Area Inventory

Send to all GSR's of record.

Members or groups can answer each question with a number from one to five, using a scale.

1—Not at all 2—Needs improvement 3—Adequate 4—Outstanding 5—Excellent

How well has the area served local groups this year? _____

How well does the area communicate with local groups? _____

How well does the area respond to the needs of local groups? _____

How well is the area managing its donations and area treasury? _____

How effectively does the area demonstrate responsibility and accountability? _____

How fully does the area train and support members who serve on the area service committee? _____

How well does the area service committee foster an atmosphere of courtesy and mutual respect? _____

How well is a sense of unity fostered within the area service body? _____

How positively is a sense of unity shown within local groups? _____

How well has the area fostered the willingness of the local fellowship to volunteer for service positions? _____

General questions

Is your meeting a home group? _____

Do you have a G.S.R.? _____

Should there be more activities in the Williamsburg area? _____

What would help getting more support for the Gloucester meetings? _____

What needs to be done to foster greater participation from groups to attend activities? _____

To participate at area service? _____

How well do you think the area is communicating with those in the community who interact with addicts? _____

PASCNA Literature Record Form

Date: 9-7-19

| | | |
|---|--|--|
| Literature on Hand at the End of Last Area: | | |
| Literature Order from Previous Month: | | |
| Literature on Hand at Start of Area: | | |

Amount

Amount

| | |
|---|--------|
| 12 + 12= Change | |
| A Gift Called Life | |
| A Meeting At Lunch | |
| A Proven Program | |
| Boys To Men | |
| Change I Must or Die I will | |
| Change We Must | 44.13 |
| Closer to Home/Out of Ordinary/A New Way of Life | |
| End of The Road | |
| Faith | |
| Fresh Starts for Open Hearts | |
| Girl's to Women | |
| Good Orderly Direction | |
| Hearts of Hope II | |
| High Noon | |
| Honesty Group | |
| Hope | 46.26 |
| How & Why | |
| Hugs Not Drugs | 127.67 |
| I Can't We Can | |
| In Step | |
| Keep Coming Back | |
| Let's Get Spiritual | |
| Let's Recover Together | |
| Living Life on Life's Terms | 35.45 |
| Living the Program | |
| Nature of Recovery | 91.30 |
| Never Alone | |
| New Attitude | |

| | |
|-----------------------------|----------------|
| New Genesis Group | |
| No More Excuses | 125.00 |
| Recovery Group | |
| Running on Faith | |
| Saturday Night Alternative | |
| Saturday Night Live | |
| Serenity Group | 57.85 |
| Solution to the Institution | |
| Surrender to Live | 128.58 |
| The Lie is Dead | |
| Time to Surrender | |
| To the Point | |
| Trust the Process | |
| Upper Room Solutions | |
| We Can Change | |
| We Do Recover | |
| Women in Recovery | |
| Young, Clean and Living | |
| Write To Recover | 3.81 |
| Other Donations: | |
| | |
| | |
| Checks & Money Orders: | |
| | |
| | |
| | |
| | |
| | |
| Total Sales: | 6660.05 |

Cash Detail Account:

| | Quantity | Total |
|---------------|----------|-------------------|
| Hundreds: | 1 | 100 |
| Fifties: | 2 | 100 |
| Twenties: | 14 | 320 |
| Tens: | 4 | 40 |
| Fives: | 10 | 100 50 |
| Ones: | 50 | 50 |
| Dollars: | | |
| Half Dollars: | | |
| Quarters: | | |
| Dimes: | | |
| Nickels: | 1 | .05 |
| Pennies: | | |
| Total: | . | 660.05 |

Transfers:

| | |
|----------------------------------|--|
| ASC Rent | |
| H&I Sub-Committee | |
| Literature Sub-Committee | |
| Policy Sub-Committee | |
| Public Information Sub-Committee | |
| Special Events | |
| Other | |
| Total: | |

Total Cash & Transfer at End of Area

Literature on Hand at the End of Area

Area Inventory (Policy) subcommittee meet at Riverside Rehabilitation Center at 1pm
September 8th, 2019.

Meeting was called to order, had a moment of silence and the serenity prayer.

Ralph read the 12 Traditions; Roger read the 12 Concepts. We discussed how well the budget review went with the treasurer. We have to consult minutes for how subcommittees are doing since they did not show up. We also discussed not having any record of referred motions for the subcommittee.

We moved onto new business. Handbooks, getting printed and available by the end of the year. We also discussed holding workshops for GSR's. Problems with having time available at area service, no record from the previous chairperson on topics, format, schedule. We also discussed activities not following written policy within their duties noting that help was requested and not provided. That no trusted servant spoke to correct the report given. We moved onto the number of meeting lists.

The fact that there was not a sign on the door for our subcommittee meeting was noted.

We had a problem getting chairs again this month, we used some chairs from the NA meeting down the hall which is disruptive and I was informed, questioned by security. I suggest moving the meeting place. No chairs, no meeting. Rent now being paid \$30 quarterly for both H&I and Policy could be reduced in half, since they cannot provide adequate meeting space.

Would GSR's please announce.

"Policy meets the first Sunday of the month at 1pm in the Hampton conference room in the Riverside Behavioral Center. It is only scheduled for one hour. Hampton conference room is across from the vending machines."

ILS

Norman T

Policy Chairperson

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Regional Planning Activities



You can vote your Home Group's conscience, Area Conscience or your personal conscience here. Your input is very important to help design how we proceed with the Planning strategy.

PLEASE PRINT THE SURVEY FLYER HERE AND DISTRIBUTE!!!!!!

The two ways you can participate in Step One of our Regional Planning are:

1. Electronic Survey - [Click here.](#)
2. Paper Ballot - [Download Here.](#)

The mailing address to submit Paper Ballots is:

Central Atlantic Region RSC
PO Box 1959
Chesterfield VA 23832

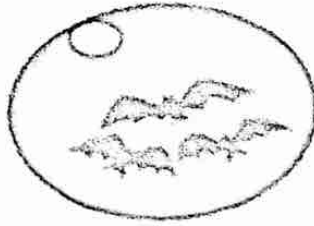
PAPER BALLOT SURVEY SUBMISSIONS MUST BE IN BY SEPTEMBER 22, 2019

ELECTRONIC SUBMISSIONS WILL BE OPEN UNTIL OCTOBER 1, 2019

Why are we doing this Regional Planning?

Planning helps our Region bring problem areas to light.
The goal is for us to find workable solutions to any issues discovered,
and to build on any strengths that we are able to identify.
Together, we can plan ways to improve on how we carry our message of recovery.

Fun - Food - Fellowship



FALL COSTUME DANCE



Saturday October 19th - 8 to 11pm

**Wesley United Methodist Church
2510 North Armistead Ave. Hampton**

50/50 Raffle

\$3 Pizza Meals

**\$5 Suggested
Donation**

**Hosted by Peninsula Area Activities Subcommittee
Contact: Sarah A. 757-727-3582**



**Peninsula Area of Narcotics Anonymous
PUBLIC RELATIONS SUBCOMMITTEE**

ANNUAL LEARNING DAY

Saturday November 9, 2019

From 11:00 a.m. until 4:00 p.m.

**First Presbyterian Church
514 S. Armistead Avenue
Hampton, VA 23669**

**Please attend this event to learn about the importance of
Public Relations as it relates to NA's Primary Purpose.**

For more information contact:

Ray D. 757-303-4533 Ralph W. 757-338-2801

Darlene T. 757-344-1137

